



## Cumbria Holiday Activity Programme - Eden

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.

### Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 4 – 18).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book winter holiday activities now!

### Available in Eden

#### Oaklea Trust

**Description:** Make gifts for friends and family, play games, bake festive goodies to take home, learn about the benefits of healthy eating, help to prepare your own two course meals and learn about healthy lifestyles with the Oaklea Trust!

**Age range:** 4-17

**Dates:** 20 December - 23 December

#### Penrith Leisure Centre (GLL)

**Description:** Join us for fun-filled Winter days! Something for all children- Get crafting and creative with a range of arts & crafts at Penrith Leisure Centre.

**Age range:** 5-11

**Dates:** 21 December

#### Rocket Learn

**Description:** Online offer. Activities include a “maths mash up”, physical education challenges, juggling, origami, beat boxing, daily well-being tasks and a creative writing competition- where you could win £100!

**Age range:** 7-13



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## Available in Eden

### We are Team

**Description:** Creative Workshops, activity workshops and Performances for all!

**Age range:** 5-11

**Dates:** Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for more information.

### Sunbeams

**Description:** Suitable for children with additional needs. Music sessions! Days 1, 2 and 3 will include participating in the Sunbeams Music For Life® Programme with a festive theme including a visit from Santa and his elves!

**Age range:** 4-18

**Dates:** 14, 18, 21 December

### Cumbria Family Support

**Description:** Festive crafts and party games! Party games, craft activities and dancing!

**Age range:** 5-10

**Dates:** 20 December - 21 December

### Rheged

**Description:** Get a film ticket for one child and one adult at Rheged with a take home food parcel.

**Age range:** 5-16

**Dates:** 20, 22, 28 December & 4 January

### Euphoric Circus

**Description:** Fun filled days consisting of activities such as circus skills, free running, crafty activities games, cooking and so much more!

**Age range:** 5-17

**Dates:** 21 December - 23 December

