



## Cumbria Holiday Activity Programme - Barrow

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.

### Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 4 – 18).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book winter holiday activities now!

### Available in Barrow

#### Family Action

**Description:** A range physical activities and team games including daily swimming!

**Age range:** 5-11

**Dates:** 20 December - 23 December

#### Dropzone

**Description:** Come and celebrate a special festive meal with Drop Zone on the 16th of December starting at 12 noon until 4pm! Also includes an activity and food pack.

**Age range:** 5-16

**Dates:** 16 December

#### Bram Longstaffe Nursery

**Description:** A programme of fun festive activities including: arts and crafts, baking, cooking, making presents, crafting cards for parents and making Christmas decorations to take home to hang on your tree!

**Age range:** 5-11

**Dates:** 20 December - 23 December

#### Fire and Rescue Service

**Description:** Learn about the work of firefighters and get up close and hands on with the equipment in this 4-day Firefighter Experience!

**Age range:** 12-16

**Dates:** 18 December - 21 December



Department  
for Education

## Available in Barrow

### Ford Park

**Description:** An exciting programme of theatre, arts, sports and festive creative activities. Includes a hot meal.

**Age range:** 5-12

**Dates:** 20 December - 23 December

### RV Projects (Europe) Ltd

**Description:** We are offering a whole host of activities- from rounders to rugby! Includes food and drink.

**Age range:** 10-17

**Dates:** 17, 20, 21, 23 December

### Love Barrow Families

**Description:** Festive arts and crafts workshops making Christmas cards and more!

**Age range:** 4-16

**Dates:** 17, 18, 20, 22 December

### We are Team

**Description:** Creative Workshops, activity workshops and Performances for all.

**Age range:** 5-11

**Dates:** Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for more information.

### Dalton Leisure Centre

**Description:** Make a splash! Join us for Active Swim sessions and a free meal.

**Age range:** 5-16

**Dates:** 20 December - 23 December

### Wellness at Greenacres

**Description:** Enjoy a wide variety of activities, from Christmas crafts, outdoor games and lunch with Santa!

**Age range:** 5-11

**Dates:** 20 December - 21 December

### Life Leisure

**Description:** Make a splash with Life Leisure! Enjoy a swimming session with inflatable coaching and much more! A food grab bag is also included.

**Age range:** 8-16

**Dates:** 17, 18, 20, 21 & 22 December

### FESP & Barrow AFC

**Description:** Join us for a fun-filled programme of activities designed to challenge, develop new skills, build self-confidence and get active! This includes team games and challenges involving technology, media campaigns and so much more. A meal is provided daily.

**Age range:** 7-11

**Dates:** 20 December - 23 December

### Rocket Learn

**Description:** Online offer. Activities include a "maths mash up", physical education challenges, juggling, origami, beat boxing, daily well-being tasks and a creative writing competition- where you could win £100!

**Age range:** 7-13

**Dates:** 20 December - 23 December

### Cowran Training Ltd

**Description:** Join us to have the ultimate farming experience! Go for a farm walk, learn about farm animal care and so much more!

**Age range:** 5-16

**Dates:** 17, 20, 21 and 22 December

