



## Cumbria Holiday Activity Programme - South Lakeland

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.

### Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 4 – 18).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book winter holiday activities now!

### Available in South Lakeland

#### Snow Kendal

**Description:** A Snowsports club offering a fun range of ski taster sessions for beginner skiers!

**Age range:** 7-17

**Dates:** 20, 21 December and 3 January

#### Oaklea Trust

**Description:** A Christmas themed party, pantomime, games, crafts, healthy food and so much more!

**Age range:** 4-17

**Dates:** 20 December - 23 December

#### Ulverston GLL

**Description:** Join us for fun-filled Winter days! Something for all children - get active and learn new skills with a variety of sports, team games, fun play and swimming!

**Age range:** 5-11 and 11-16

**Dates:** 5-11: 20 December - 22 December  
11-16: 20 December - 23 December

#### Adventure Peaks

**Description:** Indoor climbing sessions with a Christmas twist!

**Age range:** 6-16

**Dates:** 20 December - 23 December



Department  
for Education

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### Sedbergh Food Club

**Description:** This is a remote offer. Enjoy a food and activity bag which includes four days of activities and meals for each child in the family. For secondary children it is four days of food plus a sports and activity bag from Paul Jennings Sports!

**Age range:** 5-16

**Dates:** Virtual

### We are Team

**Description:** Creative Workshops, activity workshops and Performances for all!

**Age range:** 5-11

**Dates:** Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for more information.

### Kendal GLL

**Description:** Join us for fun-filled Winter days! Something for all children - get active and learn new skills with a variety of sports, team games and fun play. Get crafting and creative with a range of arts & crafts at Kendal GLL.

**Age range:** 5-11 and 11-16

**Dates:** 20 December - 23 December

### Cowran Training Ltd

**Description:** Join us to have the ultimate farming experience! Go for a farm walk, learn about farm animal care and so much more!

**Age range:** 5-16

**Dates:** 17, 20, 21 and 22 December

### KEY (Kent Estuary Youth)

**Description:** A wide variety of activities including; Ascent Trampoline Park at Blackpool, Christmas crafts and Activity packs (on different dates).

**Age range:** 11-17

**Dates:** 19 December– 20 December

### Kendal Rugby Club

**Description:** A wide variety of exciting indoor and outdoor activities, including sports and team games led by a PE teacher, arts and crafts, healthy eating and basic cooking skills.

**Age range:** 7-11

**Dates:** 21 December - 23 December

### Kendal Library

**Description:** Working with Arts and culture providers, we will deliver wide variety of creative activities.

**Age range:** 8-12

**Dates:** 19 December - 21 December

