



Cumbria Holiday Activity Programme - Eden

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 4 – 18).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book winter holiday activities now!

Available in Eden

Oaklea Trust

Description: Learn about the benefits of healthy eating, help to prepare your own two course meals and learn about healthy lifestyles with the Oaklea Trust!

Age range: 4-17

Dates: 20 December - 23 December

Blue Jam

Description: A morning art & craft session for primary school children and an afternoon art and film-making session for secondary school young people.

Age range: 5-16

Dates: 20 December - 21 December

Penrith Leisure Centre (GLL)

Description: Join us for fun-filled Winter days! Something for all children- Get crafting and creative with a range of arts & crafts at Penrith Leisure Centre.

Age range: 5-11

Dates: 21 December



Department
for Education

Available in Eden

Carlisle and Eden Looked After Children

Description: An exciting day filled with art, crafts, a movie and Rosie and Rhubarb the Cheeky Elves! The venue is disability friendly including an appropriate changing area. *This is a targeted programme for looked after children.

Age range: 5-16

Dates: 21 December

We are Team

Description: Creative Workshops, activity workshops and Performances for all!

Age range: 5-11

Dates: Visit cumbria.gov.uk/holidays for more information.

Sunbeams

Description: Suitable for children with additional needs. Music sessions! Days 1, 2 and 3 will include participating in the Sunbeams Music For Life® Programme with a festive theme including a visit from Santa and his elves!

Age range: 4-18

Dates: 14, 18, 21 December

Cumbria Family Support

Description: Festive crafts and party games! Party games, craft activities and dancing!

Age range: 5-10

Dates: 20 December - 21 December

Rheged

Description: Get a film ticket for one child and one adult at Rheged with a take home food parcel.

Age range: 5-16

Dates: 20, 22, 28 December & 4 January

Euphoric Circus

Description: Fun filled days consisting of activities such as circus skills, free running, crafty activities games, cooking and so much more!

Age range: 5-17

Dates: 21 December - 23 December

