

Cumbria County Council

*Early Years Team*

**What can I do  
today?**



**This week it is... paper**

## **Sunday**

### **Papier-Mâché**

- Make a papier-mâché creation!
- Blow up a balloon and place the tied end in a mug or cup to keep it from rolling round as much.
- Rip up lots of pieces of paper, this could be plain paper, scrap paper, magazines or newspaper. Children will enjoy tearing up the paper.
- Make your glue – mix 1 level mug of sifted plain flour with one level mug of warm water and mix until a smooth paste. You could use watered down PVA glue instead.
- Dip the paper pieces in the glue mixture and stick them onto the balloon – use a paint brush to smooth them down.
- Cover your whole balloon and let it dry before adding another layer. The more layers the stronger it will be.
- Once dry you could make it into a hot air balloon for toys by painting it and adding a card basket attached with string, make it into a face by adding wool for hair and painting or drawing features or perhaps cut it down to turn into a beautiful decorative bowl to paint.