

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is...socks

Sunday – balls

- Teaching your child how to fold socks into balls is a good skill for them to learn.
- Socks rolled into balls can be used for lots of different activities. Unlike balls they will not roll away or bounce away. Also, because they're soft they can be used inside the house and are useful for activities to replace a bean bag.
- Sock balls can be used for lots of different games such as throwing through a hoop, balancing on your head, or the game shown in the picture that can be adapted to suit your child.
- Place number cards 1 to 10, not in order, on the floor. Shout out a number for your child to throw the sock and try to land on that number.
- You can vary the game by asking your child to throw a certain coloured sock on a particular number. You could ask them to throw two socks onto different numbers to complete a sum 2 add 3 and see if they can then you the answer.