

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is...water

Saturday – washday

Children love to help you around the house. They can help you hang out your washing or you could:

- Give them a bowl they can fill with water and soap to wash toy clothes or any cloths in.
- Show them how to squeeze the water out of the clothes.
- Put a washing line at their hight so they can reach to peg out the clothes themselves. Always supervise when they are near the line.
- These activities will help them to develop a strong finger grip.
- Talk to them about what they are doing using new words such as squeeze, pinch and drying. Talk to them about why the clothes are drying in the wind and sun and what helps the clothes dry.