

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is... yoghurt pots

Saturday

Building Blocks

- Wrap some paper around some yoghurt pots and draw on bricks and a window on each. Draw a face in each window or use character stickers from a magazine.
- Stack them up – how high can you make the tower.
- Let your baby knock them down with their feet or hands. Perhaps use a ball for older children to roll to knock them down.
- Talk about who lives on each floor of your tower and count the floors as you stack the tower higher.