

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is... yoghurt pots

Friday

Sandcastles

- Yoghurt pots are great for building sandcastles on a small scale and ideal for indoor sand play at home.
- Pour some sand in a plastic container such as a washing up bowl and add different sized yoghurt pots and spoons. The sand may need a little water to make it more malleable. Your child can build miniature sandcastles. Can they find items to decorate their castles?
- How many spoons does it take to fill the pots?
- Can they tap three times on the top before lifting the yoghurt pot off the sandcastle?
- Younger children may enjoy watching an adult make some castles for them to flatter!