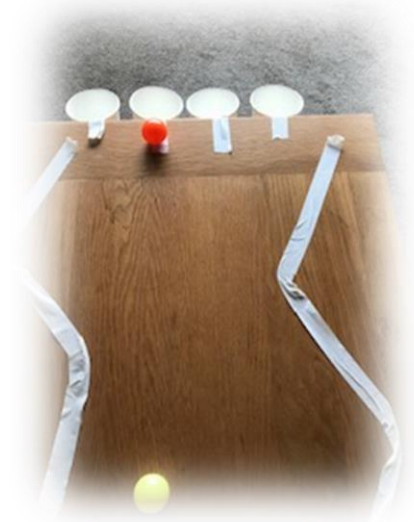


Cumbria County Council
Early Years Team

What can I do today?



This week it is... Balls

Saturday

Ping pong

- For this activity you will need some light weight cups e.g. paper cups or you could use plastic cups. You will also need some ping pong balls or small balls that will fit into the cups.
- First tape several cups to the edge of a table with the top of the cup being in line with the table top. About 5-6 cups if the table is big enough.
- At the opposite end of the table to the cups. Ask your child to roll a ping pong ball along the table top to try to land the ball into a cup.
- You could put numbers on the cups and then add up the scores.
- Play this game together by putting cups at both ends of the table and then both try to roll or bounce your ping pong balls across to the other person's cups. Now count up the points!
- A different variation to try; - make two zig zags tracks (you could use play-dough to make them) across the table and blow the ball in-between them to the other side of the table and into the cups.