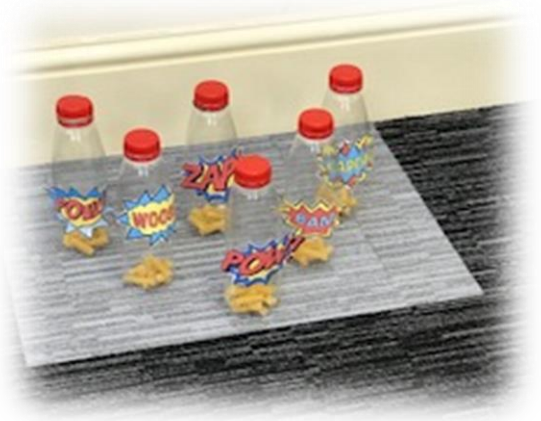


Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is... Balls

Wednesday

Bowling.

- Save 6-10 recycled plastic water bottles for the pins.
- Add some dried pasta or peas to weight them down.
- If you haven't got plastic bottles you could use empty kitchen rolls tubes.
- Why not put numbers on them or ask your child to draw picture and stick them on to the plastic bottles.
- Ask your child to count them as they place them in to position.
- Stand a few feet back from the bottles and gently roll a ball towards them.
- See how many you can knock down. Practice counting the pins that fall and then ask your child how many are left standing.
- You could keep a score card to see who knocks the most down.