

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is... treasure hunt

Sunday

Sensory treasure hunt

- For your sensory treasure hunt you will need a large container e.g. Tray/tub or you could use a washing up bowl.
- Choose what ingredient you are going to use in your container, such as cooked spaghetti, jelly, sand, dried rice, shaving foam, shredded paper or rice krispies (please check if your baby/child have any allergies before using the ingredients).
- Hide different objects in your container. You could hide small toys, toy animals, or maybe dig for dinosaurs.
- Or hide toy coins, your child could be a pirate hunting for his/her treasure (they could dress up as a pirate).
- Write numbers on empty bottles tops or pebbles and as your child finds each number, place them in order from 1 – 10 count them together.
- Try finding letters of the alphabet and see if they can recognize letters in their name as they find each letter. What other words could they spell?
- Help your child use words to describe the texture: soft, slippery, slimy, sticky, rough, smooth, wet, dry or grainy....
- What else could you hide?