

Cumbria County Council

*Early Years Team*

**What can I do  
today?**



**This week it is...dens**

## **Sunday – Woodland dens**

- The type of woodland den you make will depend on which wood you can visit. There are lots of different ways of making the dens. Make sure you are using wood and plants that are on the forest floor and you are not damaging them. Ensure your structures are safe and secure to be inside.
- Find somewhere with lots of natural debris. Avoid wet places or places where animals live or have left tracks.
- Prop a long branch in the crook of a tree. Slope it down diagonally and prop the end with a stone.
- Add branches coming off this main branch. Make sure they are secure and will not fall on you when you get in the den.
- Layer the inside with soft natural debris that you find nearby. See if you can lay down inside.
- Make sure you dismantle your den when you leave.
- For more ideas go to:  
<https://www.woodlandtrust.org.uk/blog/2019/10/how-to-build-a-den/>