

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is...dens

Monday – indoor dens

- Children love to get into dens and covered spaces. There are lots of different ways to make indoor dens so your child can just use their imagination and you just need to help them with the construction. You could use:
- Two chairs, sheets or duvet covers, some pegs, tape or string to create a space the children can hide in.
- Put a sheet over a table to create a simple den.
- Tie scarves to the bottom of a chair for children to crawl under.
- If you have an understairs cupboard these make great places for children to create their own secret spaces.
- In the hallway attach sheets to the bannisters using pegs or string and secure the other side with cushions on the floor.
- If you have a hula hoop you can attach scarves to make a circular den.
- Use clothes horses to attach duvets with pegs. If you have two you can increase the size of your den.
- There are more ideas at:
<https://www.woodlandtrust.org.uk/blog/2019/10/how-to-build-a-den/>