

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is... pasta

Monday

Snipping spaghetti

- Practice your scissor snipping skills by cutting up cooked spaghetti. This doesn't have to waste cooked pasta as you could then add sauce or bolognese to it for lunch or tea! (just make sure the scissors are clean!)
- Younger children will probably use two hands to operate the scissors whereas older children may be able to hold up a string of spaghetti with one hand and snip with the other.
- To challenge your child's manipulative skills further you could give them children's chopsticks to pick up their cooked spaghetti.
- You could make different coloured spaghetti by cooling the cooked spaghetti under cold water, drain and then place in a ziplock bag with food colouring and a little water.