

Cumbria County Council

What can I do today?



This week it is... pegs

Tuesday

Clip those pegs!

- Use an old sweet tin, baking tin, loaf tin, plastic mixing bowl or even a plastic drinking cup.
- Get your child to squeeze the pegs and peg them around the edge of the tin (spring type pegs)
- This is a fantastic activity to strengthen little fingers and hand muscles which will help them to draw and write later on.
- To extend this for older children encourage them to peg a two or three coloured pattern if you have coloured pegs.