

Cumbria County Council  
*Early Years Team*

**What can I do  
today?**



**This week it is ...flowers**

## **Tuesday**

### **Flower pressing**

- Help your child to pick some flowers to press.
- Place the flowers carefully between two sheets of kitchen roll and put this between two heavy books.
- Leave them for a few days to dry out.
- Once dry, your child will have to use gentle hands to handle the delicate flowers, look at the tiny details you can now see on the flowers such as the veins.
- Use them to decorate a card for someone special or stick them on card to keep as a memory of your garden in summer or a time when your child picked you a bunch of flowers.

**ALWAYS** check flowers are safe to pick (check the internet for toxic plants and flowers) It is often illegal to pick wild flowers – check first or pick from a garden with permission.