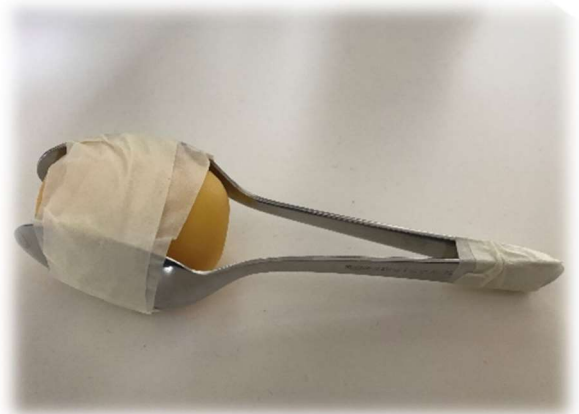


Cumbria County Council
Early Years Team

**What can I do
today?**



**This week it is...
...homemade instruments**

Monday

Maracas

- Make plastic egg maracas!
- Use the small plastic eggs toys come in or are inside chocolate eggs.
- Fill with different materials e.g. rice/ beads/ Lego etc.
- Tape two spoons on the egg (as in the picture) and get shaking!
- Can you dance while you shake?
- Do different materials make different sounds?
- Use your maracas in your family band!