

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is ...large paper

Saturday

Hands and feet

- Roll out a large piece of paper. You could use a roll of left-over wallpaper.
- Put some different coloured paints in a few trays, big enough to put your feet and hands in.
- Encourage your child to dip their hands in the paint and then press them onto the paper.
- Next time ask them to put their feet in their favourite colour paint, then walk along the paper and make footprints.
- Why not try it with the whole family.
- Who have the biggest/smallest hand/feet?
- You could make a hands and feet rainbow...