

Cumbria County Council

Early Years Team

**What can I do
today?**



This week it is ...large paper

Wednesday

Twister

- Make your own twister mat!
- Draw or paint large different coloured spots on the paper. You will need four spots for each colour.
- To play the game you will need to have small pieces of matching coloured paper, put them in a hat or a cup. Now write different body parts e.g. right hand, right foot, left hand, left foot on pieces of paper and put them in a different cup.
- Take turns to close your eyes and pick out a colour and a body part.
- Then you put that body part onto the colour that you picked out.
- Have fun getting all twisted up !