

Cumbria County Council  
*Early Years Team*

**What can I do  
today?**



**This week it is ...teeth**

## **Saturday**

***May is National Smile Month so we are focusing on Teeth this week!***

### **Music to brush to**

- Getting your child to brush their teeth may sometimes be a little bit of a battle.
- Why not try to make it fun by letting them pick their favourite song to brush along to.
- You could choose slow or faster songs to make it fun.