

Cumbria County Council
Early Years Team

**What can I do
today?**



This week it is ...kitchen roll

Saturday

Planting

- Kitchen roll tubes make an excellent 'plant pots' to grow seeds.
- Cut your kitchen roll tubes down in size and place them in an old container or tray to make them stand up.
- Fill with compost and plant some seeds.
- The seeds you choose will depend on the season you are planting in.
- Once the seeds have grown a little you can plant them out and watch them grow.
- This is an excellent opportunity for your child to take on the responsibility of watering their seeds and find out what seeds need in order to grow.