

Cumbria County Council
Early Years Team

**What can I do
today?**



This week it is ...toys

Monday

Lunch Time

- Help make a sandwich for your favourite toy and eat it together.
- If you are having soup have a small bowl for your baby doll and feed them. Talk to your baby with kind words and encouragement.
- This is a good opportunity to talk with your child about:
 - Healthy food choices.
 - How to prepare different foods.
 - Taste and choice.
 - Introduce different food names.