

Cumbria County Council

## What can I do today?



This week it is ...our senses

### Thursday

#### Touch

- Collect a range of different textured items.
- Put them in a bag or a pillowcase.
- Encourage your child to put their hand into the bag and feel one of the objects.
- What does it feel like? Rough, smooth, soft, bumpy, spiky, prickly, lumpy.
- Can they guess what it is by feeling it?
- For younger children/babies put some different textured objects in a basket/box, let them explore the feel of each object.
- You could put some wet textures on a tray such as beans, spaghetti, shaving foam, jelly, peas and let your child/baby explore the consistencies.

**Please ensure all objects are safe for children to touch and are not a choking hazard.**