

Cumbria County Council  
*Early Years Team*

**What can I do  
today?**



**This week it is ... clothes**

## **Sunday**

### **Clothes horse dens**

- Clothes horses are brilliant items to help to build dens. They are fairly sturdy and also usually lightweight should they fall.
- Grab some blankets and duvet covers to drape over the clothes horse to make a cosy little den with your child. Ask them for ideas on how to build the den and suggestion of how to keep things in place. Practice those thinking skills!
- Add cushions and crawl in with a torch – perhaps take snack with you and a book. If you can, crawl in with them – den building is always more fun with a friend!
- Why not explore using your torch to make shadow puppets?