

Cumbria County Council
Early Years Team

**What can I do
today?**



This week it is ... clothes

Friday

Wardrobe finds

- Young babies need lots of time on their backs and tummies to explore the world around them. Baby play mats often have different colours and textures for babies to touch and explore.
- Take a journey through your wardrobe and think about all the different textures of clothes you have – soft denim, scratchy wool, soft materials, silky or smooth materials, clothes with embroidered emblems or clothes with sequins on.
- Let your child touch the materials with their hands or lay your baby on top of the clothes to explore the textures.
- Always supervise your baby.