**Cumbria County Council Public Health Update for Education Settings**

**8 March 2021**

**\*please note this supersedes the update sent earlier today – see changes in red\***

**Lateral Flow Testing for household members**

Members of households, childcare or support bubbles of school staff and pupils can now access lateral flow devices to carry out rapid testing at home. See [here](https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff).

From 1 March 2021, if you are a member of a household, childcare bubble or support bubble of staff or a pupil, you can access twice-weekly rapid testing via one of the following routes:

* Through your employer (if they offer testing to employees)
* Attending a local testing site and having a supervised test onsite
* By collecting home test kits from a test site
* By ordering a home test kit online

**Please note that whilst the online information does not specifically indicate the age range for household members rapid testing, it is predominantly aimed at adults aged 18+.**

**Get a test through your employer**

Your workplace may offer rapid lateral flow testing to you. Contact your employer to find out more.

**Take a test at a local testing site**

You can take a rapid lateral flow test at one of the local test sites listed below. Testing at these sites is assisted, which means you will swab yourself under the supervision of a trained operator. You should not need to book an appointment. Test sites will generally be open between 1.30pm and 7pm for lateral flow tests. Do not visit outside of these opening hours, as the site may be being used for the testing of people with coronavirus symptoms.

**Collect test kits**

You can collect 2 packs of home test kits at a local collection point. Each pack contains 7 tests. Anyone aged 18+ can collect.

Most collection points are open from 1.30pm to 7pm. You can check online if the location is open or busy before you go. You do not need to make an appointment.

Do not visit a collection point outside opening hours, as it may be used to test people with coronavirus symptoms outside these times.

[Find your nearest home test kit collection point](https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/).

**Order home test kits online**

If you cannot get tested at your workplace or are unable to go to a test site or collect test kits, you can order a home test kit online. Do not order online if you can get a test through other methods. This frees up home delivery for those who need it most.

[Order rapid lateral flow home test kits](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)

The test sites in Cumbria are listed below.

•         Allerdale House Overflow Car Park (Workington)

•         Barrow Town Hall Courtyard (Barrow)

•         Carlisle Airport (Carlisle)

•         Castle Meadows Car Park (Whitehaven)

•         Cecil Street Car Park (Carlisle)

•         County Hall Car Park (Kendal)

•         Sandgate Car Park (Penrith)

**Can the tests be used on children under the age of 12?**

**Yes they can, but the Public Health team does not recommend schools and other settings actively promote regular rapid testing in children under the age of 12 because it can be unpleasant for them.**

**We recommend education settings encourage adult members aged 18+ of households, childcare or support bubbles of school staff and pupils to participate in the twice-weekly rapid testing programme.**

**Please note that the information booklet that comes with the household member LFD kits does say they are suitable for children under the age of 12, so parents/carers may ask you if they can test their children. Parents and carers should be advised that this is not recommended, but if they are going to do so, they should strictly follow the guidance in the information booklet.**

**If children under the age of 12 develop COVID-19 symptoms, they should get a PCR test.**

**This advice will be kept under review**

Please contact the Public Health team by emailing EducationIPC@cumbria.gov.uk if you have any questions.

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