

Cumbria County Council  
*Early Years Team*

**What can I do  
today?**



**This week it is...jam jars**

## **Wednesday – pictures**

- This is a good way to have pictures of loved ones for younger children to hold safely in their hands.
- Draw round the jar lid to make the size and shape of the picture that you need.
- Cut and stick it into the lid.
- Chat to your child about the person in the picture.
- For children who are not yet saying any words you can tell them about the person, their name, where they live and what they might be doing now. For children with more speech you could talk to them about the person, asking them a few questions as you chat.