

Cumbria County Council

## What can I do today?



This week it is ...playdough

### Monday

#### Playdough recipe

##### You will need

- 2 cups of flour, plus extra for dusting your board
- 1 cup of salt
- 2 cups of warm water
- Food colouring
- 2 tbs vegetable oil
- Mix the flour and salt in one bowl, and the water, oil, and a few drops of food colouring in the other bowl.
- Pour the oil, water, and food colouring mix into the bowl with the flour and mix together.
- Place the dough mix on a lightly floured board top and knead for a few minutes until smooth and pliable.
- Leave to cool completely. Store in the fridge in an airtight container to keep fresh.
- You could make pictures clues for each step on how to make playdough for your child to follow with you.
- Please check for any allergies before using any of the ingredients.