**Services Over Christmas**

Single point of contact from Monday 21st December to the New Year is Kerry Jewell, Child and Family Support Manager **– 07815688393**

Centres that will be open over the Christmas and New Year period for support are:

South Whitehaven Centre, Valley - **07815688393**

Millom Children Centre. – **07815688393**

Breastfeeding Support contact is Kate Lindsey on **07815688053**

**Festive Cook-along Via Zoom**

**Wednesday 16rd December 16:00-17:00 - Christmas Tree Pizzas**

**Thursday 17th December 16:00-17:00 – White Chocolate Rocky Road**

**Monday 21st December 11:00-12:00 – Crustless Quiche**

**Wednesday 30th December – New Year Cook-along (To be Confirmed)**

**Ingredients are provided, places are limited and booking is essential.**

**Contact Emma Moorhead for more Information and to book your place via email.** [**emma.moorhead@family-action.org.uk**](mailto:emma.moorhead@family-action.org.uk)

**Festive Crafts Via Zoom**

**Monday 14th December 16:00-17:00- Christmas Cards**

**Tuesday 15th December 11:00-12:00 – Christmas Cards**

**Monday 21st December 16:00-17:00 – Hanging Christmas Decorations**

**Tuesday 22nd December 11:00-12:00 – Hanging Christmas Decorations**

**All crafts are provided and delivered by 11th December. Email Eleanor Cummings to book your place –** [**eleanor.cummmings@family-action.org.uk**](mailto:eleanor.cummmings@family-action.org.uk)

**Zoom Christmas Party – Tuesday 22nd December 11:30-12:30**

**Contact Emma Moorhead for more information and to book your place.**

[**emma.moorhead@family-action.org.uk**](mailto:emma.moorhead@family-action.org.uk)

[FamilyLine](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.family-action.org.uk%2Fwhat-we-do%2Fchildren-families%2Ffamilyline%2F&data=02%7C01%7C%7C017f374ae2c144a17a4408d7a3e5afe3%7C7c3c6b24370f462392f2ecf5e01521ac%7C0%7C0%7C637158079194371189&sdata=qDGJyZI7DWZgZIYcjPWDDC1OZ7DgzG39i0JpiernnnI%3D&reserved=0) is a free service available to support adult family members on all aspects of family life issues via telephone, text message and email. Whether it’s emotional support or practical advice on any aspect of parenting or broader family issues, **call: 0808 802 6666, text: 07537 404282** or **email:** [familyline@family-action.org.uk](mailto:familyline@family-action.org.uk)   
Monday to Friday: 9am – 3pm and 6pm – 9pm. The helplines will be covered by SHOUT our text crisis line outside these hours including weekends and bank holidays.

Copeland