

Had a cancer diagnosis in your 20s, 30s, or 40s?

Come along to a Shine Shake Up at Maggie's in Oxford!



Got questions? Give us a shout!
shakeup@shinecancersupport.org

Join us at Maggie's, Oxford

The Patricia Thompson Building, Old Road, Oxford OX3 7LE
Saturday March 28th 2026, 10.00 am – 4.30pm

We know it can feel daunting coming to a new group but we're a friendly lot (we promise!). We'll be talking about what it feels like to go through cancer as a younger adult, acknowledging the difficulties, and sharing the experiences. The day will be structured group conversations and activities with plenty of time to make connections with other young adults.

Whether you were diagnosed recently, whatever your diagnosis, if you are in treatment, or are in remission, we'd love to see you! Feel free to bring along a friend or partner. Please register to attend.

