



Balance Bike Training—free—Oasis Pool Car Park

Tues 27th Oct 8.30am – 12.30pm and Weds 28th Oct 8.30am – 12.30pm

This session is a great introduction to begin teaching your child how to ride a bike. Book your child onto our sessions with a trained professional who can teach your child how to improve their confidence and skills on a balance bike. Balance bikes will be provided for use during the session.

Scooter Skills—free—Oasis Pool Car Park

Tues 27th Oct 8.30am – 12.30pm and Weds 28th Oct 8.30am – 12.30pm

This is for children who are able to scoot and would like a session where we develop their balance skills and riding awareness. We will also be showing them how to be more aware of people and hazards around them and how they can be safely dealt with. Two-wheeled scooters will be provided for use during the session, or feel free to bring your own!

Adult Confidence Training—£5

Could your cycling skills or ability do with some improvement? Are you a frequent or seldom cyclist? Both are welcome! Do you have any questions about road positioning? Book and enjoy a session with our experienced and qualified Bike Skills Trainer, we can arrange a personal one to one session or a small group of adults to learn together. See booking information below.

Booking Information

Please contact bedford@sustrans.org.uk or call 07467 337 940 to book yourself or your child onto any of the courses advertised above. Spaces are limited to allow for social-distancing.

