

H.O.M.E
Helping Our Mental 'ealth

Young People's
Wellbeing hub



What's on @ H.O.M.E?

Join in activities, hang out, find support around wellbeing, have your voice heard in a safe, supportive & relaxed space.

Regular Activities

Mondays:

- Mindful Monday, 12 week programme, 11-15 years group, 4pm-6pm -Referral Only

Tuesdays:

- BRV group - Boys under 14 years 9:45-11am, Over 14's 12:15-2pm - Referral only.
- Pride@HOME 3-5pm, 16-25 years old- Drop in

Wednesdays:

- Wellbeing Wednesday, for ages 16-25, 3-5pm

Thursdays:

- Young Commissioners 5pm -7pm - closed group.

Fridays:

- Feel Good Friday Session 4pm - 6pm alternate weeks for 11-16 & 17-25 Drop in.

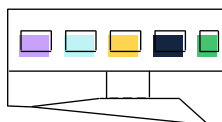


Contact us for more info or to book a space

Website: www.chilypep.org.uk

Email: Home@chilypep.org.uk

Call: 01226 213123



South Yorkshire
Integrated Care Board

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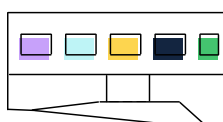
Join in activities, hang out, find support from different services, have your voice heard in a safe, supportive & relaxed space.

Find us here:



We are a short walk from the centre of town, college and the bus / train station near the post office and above the YMCA.

If you need help finding us pop us a message!



1 Blucher Street
Barnsley,
S70 1AP

NHS
Barnsley
Clinical Commissioning Group