

What is Healthier Futures Barnsley?

Healthier Futures Barnsley is a large-scale project aiming to improve the health and wellbeing of children and young people across Barnsley. Healthier Futures consists of an: accreditation, let's hear your voice survey, website and PSHE network (currently on hold). These act as standalone systems to support public health and children's services in their ambition to improve health and wellbeing outcomes for children and young people and their families. They also complement each other to offer a more enhanced and holistic approach to improving health and wellbeing.

Healthier Futures Barnsley aims to improve health and wellbeing outcomes of children and young people through education, assessment and data collection to inform school curriculums and approaches as well as the development and commissioning of new and existing services.

Healthier Futures Accreditation

Schools complete the accreditation digitally via an online wheel platform. The focus of feedback from the Public Health Team will be on schools' approaches to the 4 key pillars:

- Food, drink and oral health / Physical activity /
- Emotional Health, and Wellbeing / PSHE (Personal, social, health and economic).

Settings upload tangible evidence and examples relating to the criteria. Once all evidence is uploaded and the wheel is green, settings will then be reviewed. Upon completion, settings will receive a certificate and accreditation stamp valid for three years.

Schools are able to produce progress reports via the online platform that can be used as evidence for both Ofsted and school governors



Let's Hear Your Voice Survey



The aim of the survey is for it to be distributed every two years to monitor trends in data. The latest Let's Hear Your Voice survey ran from 14th October 2022 to 9th December 2022 and was completed in education settings by Years 4, 6, 8 and 10 in school time. Survey questions were developed through consultation with topic experts in public health, teaching staff and pupils in Barnsley. Various questions were included. Various topic areas are in the survey including Home/School Life, Emotional health and wellbeing, diet, physical activity, bullying, sleep, oral health, smoking and substances, travel to school, disability, relationship and sexual health among others. A dedicated power bi dashboard has been developed with includes all findings from the first Let's Hear Your Voice survey.

Healthier Futures Website

The website acts as a host for the Healthier Futures Accreditation login and the Lets Hear Your Voice survey and guidance resources. This website acts as a resource hub for schools and professionals offering education to children and young people. This will aid them to deliver high quality PSHE and RSHE across the country. This website will host a variety of quality assured curriculum materials and guidance documents from key national bodies and local resources with signposting link e.g. Spectrum, Compass, 0-19 PHNS and SYEDA. The layout of the website is designed to fit with the key criteria of the award and the latest statutory guidance for PSHE and RHSE making it clear and easy for schools to navigate.

HEALTHIER FUTURES

**Our PSHE and
RHSE
information
hub**

PSHE Network

The PSHE network is a digital network that offers a variety of training and webinars on key PSHE topics and was held once a term. It aims to support schools to deliver high-quality PSHE and RSHE to improve and instil a supportive relationship between public health and schools. It can help promote local service and highlight key public health issues for children and young people in Barnsley. It also can help to shape teaching and learning locally.

HEALTHIER FUTURES

**Training and
PSHE network
sessions**

If you have additional queries about Healthier Futures Barnsley, please email PublicHealthCYP@barnsley.gov.uk

Scan here for the Let's Hear Your Voice survey dashboard



Scan here for the Healthier Futures Barnsley webpage

