



BITESIZE WEBINAR SESSIONS

Speakeasy, The Chat and working with parents in Tayside

In 2024, several NHS boards commissioned The Chat, a national consultation with parents and carers to find out how families support their children at home when it comes to learning about friendships and relationships, growing up, puberty, being safe and topics like consent.

Our first bitesize session will highlight key findings from this research and demonstrate how the NHS Speakeasy programme, which promotes open and accurate communication around growing up, relationships and sexual health at home, can provide some of the answers.

Come along and find out what parents/carers are saying and how we can support them.

**Twilight Session Monday 3rd March 4-5pm via Teams
([book here](#))**

OR

**Lunchtime Session Tuesday 25th March 12-1pm via Teams
([book here](#))**

