



NEWSLETTER

National and local information that may be of interest to members.

August 2024

LOCAL

- See Angus ADP Training schedule at the end of this newsletter.

NATIONAL

- **New 65p Minimum Unit Price (MUP) comes into effect on 30 September 2024**

On 30th September, the new 65p Minimum Unit Price (MUP) for alcohol will come into effect. The continuation and uprating of MUP is a moment for celebration for public health in Scotland, achieved following the sustained campaigning efforts of Alcohol Focus Scotland and other key partners, including Scottish Health Action on Alcohol Problems (SHAAP).

The policy received overwhelming backing from more than 80 civic society organisations, experts and medics in a [joint letter](#) sent to the Scottish Parliament's Health, Social Care and Sport Committee earlier this year.

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- **Scottish Drugs Forum publishes new MAT report**

[Medication Assisted Treatment: Evaluation of Current Practice Across Eight Health Board Areas in Scotland.](#)

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- **Drug Related Deaths Increase**

1,172 people died due to drug misuse in 2023, according to latest statistics published by National Records of Scotland. This is an increase of 121 deaths compared with 2022. This is the second lowest number of drug misuse deaths since 2017, with 2022 seeing the lowest number. Access the report [here](#).

Drug misuse deaths are more common than they were in 2000. After adjusting for age, the rate of drug misuse deaths were 4.2 times as high in 2023 than 2000.

The average age of drug misuse deaths has also increased from 32 to 45 since 2000.

Opiates and opioids, including heroin, morphine and methadone were implicated in 80% of all deaths.

Almost nine out of ten drug misuse deaths were classified as accidental poisonings, with 7% classed as intentional self-poisonings.

People in the most deprived areas of Scotland are more than 15 times as likely to die from drug misuse compared to people in the least deprived areas. The association of deprivation with drug misuse deaths is much greater than with other causes of death.

Phillipa Haxton, Head of Vital Events Statistics, said:

“Today’s statistics show an increase in drug misuse deaths over the last year. The longer-term trend shows that drug misuse deaths are still much more common than they were over two decades ago. In the medium term, today’s figures represent the second lowest number of deaths in the last six years.

“The statistics also provide information about the people who are dying from drug misuse. The figures show us that males were twice as likely to have a drug misuse death as females. Most of the increase in the past year was due to male deaths.

“Glasgow City and Dundee City had the highest rates of drug misuse deaths while East Renfrewshire and East Dunbartonshire had the lowest.”

The rate of drug poisoning deaths in Scotland was more than double the rates of other UK countries in 2022. The rate was 2.7 times as high as the rates for England and Northern Ireland, and 2.1 times as high as the rate in Wales. This is the most recent year that data is available for across the UK. When comparing Scotland and the rest of the UK, the drug poisoning definition should be used.

• **Today’s research leads to tomorrow’s care**

What needs investigating to help improve care for people with experience of addiction to drugs and/or alcohol, and their families, friends, and carers?

A team supported by the [UK Government's Office for Life Sciences](#) Addiction Mission is looking for the following people to answer a new short survey which will influence future research:

- People aged 16 or over with experience of addiction.
- Family, friends, or carers (aged 16 or over) of anyone with experience of addiction.
- Health and social care professionals who work with individuals experiencing addiction.

The survey asks for suggestions or comments about all areas of addictions that need further investigation. It's OK to write as much or as little as you like, about anything you feel is important.

This is being done as part of a Priority Setting Partnership led by people with experience of addictions, family members, charities, and healthcare professionals.

We are working with the James Lind Alliance to do this;

<https://www.jla.nihr.ac.uk/priority-setting-partnerships/addiction-mission/>

Please ask people with experience of addictions, family members and supporters and healthcare professionals that you know to complete the survey and say what would really make a difference to their lives.

Link to online survey - <https://www.surveymonkey.com/r/WHK29XH>

Link to easy read online survey - <https://www.surveymonkey.com/r/HVLKRFG>



SAVE THE DATE!

Let's get together

Join us for our next Learning Network event focusing on
Trauma Informed Practice, Mental Health and Addiction.

Thursday 3rd October 2024, 9.30am – 2pm

This event will be an opportunity to hear from experts and organisations
funded through the National Drugs Mission Funds.

Feel free to share with colleagues. This event will be hosted on Zoom.

Registration will be open via **Eventbrite** on **28th August 2024**.

We hope you're able to join us!

If you have any questions, please contact wellbeingteam@corra.scot.

Transformational Change through Ethical Commissioning Webinar

A research launch webinar hosted by Healthcare Improvement Scotland and IRISS

We have a clear direction for an integrated health and social care system that supports people holistically, close to home and in a way that treats people and their carers as partners in decision making.

Within this context, the way that we commission plays an important role in cohesively bringing together provision from across the public, third and independent sectors to be able to meet people's needs.

Good practice in commissioning across health and social care has been discussed and researched in many forms, with many different names, including more recently as Ethical Commissioning. There is still a large implementation gap between the policy direction of good commissioning/ethical commissioning and its consistent delivery at scale.

In December 2023, Healthcare Improvement Scotland commissioned two pieces of research in relation to Ethical Commissioning that explored eight case studies of how different areas are implementing Ethical Commissioning. **You can read the reports [here](#).**

Please join us at 10am on the 3rd of September 2024 for a webinar that launches the findings of these two research pieces. Register to attend using this [link](#).

Join us to discuss;

- Examples of ethical commissioning from across Scotland
- What the findings are telling us is needed to make Ethical Commissioning a widespread reality
- How the findings can inform future action

ADP TRAINING

Please also refer to the [PPA Newsletter](#) for other training opportunities - [click this link](#) to receive the newsletter direct to your mailbox or email ProtectingPeopleAngus@angus.gov.uk to request being added to the subscriber list. Click on the title below to find out more or book a place. Angus Council staff can book places via MyView.

SEPTEMBER			
17/09/24	<u>Overdose Awareness & Naloxone Training</u>	14.30-16.00	East & Old Church, Forfar
23/09/24	<u>Families Inclusive Practice (15 Places)</u>	10.00-3.00	Arbroath – Room G1 Bruce House
OCTOBER			
24/10/24	<u>Overdose Awareness & Naloxone Training</u>	14.30-16.00	MoHUB, Montrose
28/10/24 – 29/10/24	<u>Everyone has a Story (2 days)</u>	9:15 – 1:30	SDF Online
09/10/24	<u>Breaking Free Online</u>	10.00-12.00	Microsoft Teams
10/10/24	ABI Training (Rupali Sachar)	09.00-12.00	Forfar (Board Room, Angus House)
30/10/24	<u>Families Inclusive Practice</u>	10.00-3.00	Arbroath – Angus Carers Centre
31/10/24	<u>Psychostimulant Information Session</u>	14.00-16.00	Forfar
NOVEMBER			
11/11/24	<u>Overdose Awareness & Naloxone Training</u>	14.30-16.00	Kirrie Connections, Kirriemuir
13/11/24	ABI Training (Rupali Sachar)	1.00-5.00	Forfar (Training Suite, Angus House)
29/11/24	<u>Families Inclusive Practice</u>	10.00-3.00	Arbroath – Angus Carers Centre
DECEMBER			
02/12/24	<u>Psychostimulant Information Session</u>	14.00-16.00	Arbroath
03/12/24	<u>Breaking Free Online</u>	13.00-15.00	Microsoft Teams
04/12/24	<u>Overdose Awareness & Naloxone Training</u>	14.30-16.00	Arbroath
04/12/24 & 11/12/24	Training for Trainers – Stigma, Discrimination and Mental Health (2 x half day training) (Rupali Sachar)	tbc	Lintrathen Room, WHCCC

05/12/24	<u>Cannabis Awareness</u>	9:15 – 1:30	SDF Online
JANUARY			
22/01/25	<u>Multiple Risk</u>	9:15 – 1:30	SDF Online