

Advancing Supportive Palliative Care in Texas 2024
Event Agenda
Nov. 7th, 2024, 1:00-4:00pm

1:00pm: Introduction and Welcome

- Dr. Erin Perez, PCIAC Chair, will provide opening remarks.
- Mr. Jimmy Blanton will provide disclosure to the learner slides.
- Dr. Hattie Henderson, PCIAC Vice Chair will describe session learning objectives and introduce speakers.

1:05pm: Session 1- Child Life Services in the Adult Palliative Care Setting

- Speakers: Kristin Pittman, Tricia Feldman, Jennifer Willie (40 minutes)
- Learning Objectives
 - Describe child life services and how child life specialists can support children of seriously ill adult patients.
 - Describe how patient and family experiences are improved through support from child life services.
 - Explain how child life specialists work within the interdisciplinary team to provide family-centered care.
 - Identify practical tools to incorporate within your practice to be mindful of the children impacted by a loved one's serious illness.
 - Q&A Time: Discussion facilitated by Mr. Jimmy Blanton. (10 minutes)

2:00pm: Session 2- Polysubstance Abuse Disorder in the Supportive Palliative Care Setting

- Speaker: Dr. Nancy Weber (40 minutes)
- Learning Objectives
 - Identify who is at risk and how to address that risk before, during, and after.
 - Q&A Time: Discussion facilitated by Mr. Jimmy Blanton. (10 minutes)

3:00pm: Session 3- Equipping the Helper with Emotional PPE

- Speaker: Dr. Stephanie Broussard (40 minutes)
- Learning Objectives
 - Define emotional PPE and its significance in clinical settings, emphasizing its role in enhancing clinician resilience.
 - Recognize their own emotional needs and the emotional needs of their patients, fostering a supportive therapeutic environment.
 - Identify practical strategies and tools for clinicians to build emotional resilience, including mindfulness techniques, stress management practices, and self-care routines.

- Develop insights into recognizing and addressing burnout and compassion fatigue, equipping clinicians with resources to mitigate these challenges effectively.
- Q&A Time: Discussion facilitated by Mr. Jimmy Blanton. (*10 minutes*)

3:55pm: Closing Remarks

- Closing remarks provided by Dr. Perez