

# CITY OF FORT WORTH Community Services & Resources

## Emergency & Crisis Services

**Safe Haven** (877) 701-7233

Provides emergency shelter, counseling, and support services for individuals and families escaping domestic violence.

**Partnership Home** (817) 966-8800

Connects people in need of housing with guidance, information, and resources across the county.

**Suicide & Crisis Hotline** 988

Provides 24/7, free, and confidential support for people in distress, prevention and crisis resources.

**Unbound Now** (817) 668-6544

Works to prevent human trafficking and supports survivors through education, advocacy, and direct services.

## Food & Nutrition Services

**Meals on Wheels** (817) 336-0912

Delivers nutritious meals and provides wellness checks to seniors and individuals with disabilities who have difficulty preparing food themselves

**WIC Program** (817) 321-5400

Provides nutritional food, education, and support to pregnant women, new mothers, and young children from low-income families.

**Tarrant Area Food Bank** (817) 857-7100

Distributes food to needy individuals and families through partnerships with local community organizations and food pantries.

**Community Food Bank** (817) 924-3333

Distributes food to individuals and families, holds clothing drives, and has baby and cleaning products on hand to those in need.

## Family Support Services

**Fort Worth Pregnancy Center** (817) 697-7525

Provides services and resources at no cost to women and families experiencing unplanned pregnancies.

**The Parenting Center** (817) 332-6348

Delivers parenting education, counseling, and support to help families build strong and healthy relationships.

**Catholic Charities** (817) 534-0814

Services include immigration, refugee, pregnancy, parenting, transportation, financial, and dental care

**MHMR: Early Childhood Intervention** (817) 335-3022

Offers services to support the developmental needs of young children with delays or disabilities.

**Best Place for Kids! Parent Pass App**

Provides tools and resources for parents to support children's development and enhance family well-being. Download on Apple or Android.

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## Medical Services

**JPS Health Network (817) 702-3431**

Provides comprehensive healthcare services, including emergency care, to individuals who do not have health insurance or financial resources.

**Mercy Clinic (817) 840-3501**

Provides free health care, dental care, and an in-house pharmacy for adults living in the 76110, 76115 and 76104 zip codes.

**NTX Community Health Centers (817) 625-4709**

Offers affordable medical and vision service regardless of income, employment, health insurance coverage, residency status, or ability to pay.

**Cook Children's Health Plan (800) 964-2247**

Provides health insurance and medical care services for children, focusing on ensuring access to necessary healthcare.

**Cornerstone Charitable Clinic (817) 632-6020**

Provides English and Spanish services through its three clinics: Charitable Medical Clinic, Charitable Cataract Clinic and Charitable Dental Clinic.

## Financial Coaching

**Pathfinders (817) 731-1173**

Provides free financial coaching sessions to help individuals reach their financial goals.

## Housing and Utility Assistance

**Community Action Partners (817) 392-5720**

Financial assistance and case management help families secure housing and address immediate needs.

**Tarrant County Human Services (817) 531-5620**

Offers financial assistance with rent, mortgage, utilities, food & hygiene items, and transportation on a limited basis to individuals and families.

**Christian Community Center (817) 921-9622**

Provides help with rent, utility assistance, food and clothing.

**Reentry First Stop Center (682) 703-1600**

Assists with transitioning from incarceration with resources and support to reintegrate into the community, including housing and job placement.

## Legal Help

**Fort Worth Legal Aid (817) 336-3943**

Appointments and clinics on a variety of legal topics including general civil matters, wills, employment matters and bankruptcy.

**Texas A&M Law School (817) 212-4123**

Free legal assistance for low-income individuals. Services are performed by law students working under the supervision of attorneys.