

WINTER SEMESTER 2020  
FEBRUARY 11 - APRIL 1

# LIFELONG LEARNING *@ Rock Hill*

*Where Curiosity Never Retires*

Registration for Winter 2020 begins  
November 11, 2019

[cityofrockhill.com/lifelonglearning](http://cityofrockhill.com/lifelonglearning)  
803-329-5620

# Welcome to Lifelong Learning @ Rock Hill

Years ago the people of Rock Hill found themselves at a crossroads. The textile industry, the bedrock of our community's economy, was rapidly eroding.

At that time the leaders of our community began hosting community planning sessions to hear from the people of Rock Hill and determine the necessary steps to create and sustain the essential lifeblood for each and every successful City – community engagement and a sense of purpose.

Some thirty-five (35) years later we are thriving because of our community engagement and our unified belief that our community, with deliberate and intentional thought and action, can become a Rock Hill For All.

Our success requires a multi-pronged effort intent on empowering all of our people and informing them of the opportunities we have in this Good Town.

Lifelong Learning @ Rock Hill is an effort to continue our years-long tradition of engaging the people of Rock Hill in a manner that encourages community involvement, allows interpersonal relationships to thrive and continues to move Rock Hill forward. Our efforts in recent memory have been around a downtown revitalization strategy – one that the engaged residents built to determine the future of Knowledge Park. We are developing a knowledge economy – a multi-faceted district that will propel our community into a modern, progressive economy based on information.

Lifelong Learning @ Rock Hill is a vital part of this future. You will see this as not just a program, but an exciting new opportunity for those in our community fifty (50) years of age and older and, to our knowledge, the only such effort hosted and supported by a City government in the country.

It is with great pleasure that I welcome you to Lifelong Learning @ Rock Hill, another opportunity provided by this significant All American City and all the rights, privileges and benefits pertaining thereto.

Welcome,



John P. Gettys, Jr.  
Mayor Rock Hill, SC



**W**elcome to Lifelong Learning @ Rock Hill! On behalf of the City of Rock Hill and the Parks, Recreation and Tourism Department, we invite you to explore the culture, enrichment and learning opportunities that are available to you through this program.

The Parks, Recreation and Tourism Department's mission is to provide a wholesome program of leisure, recreational, tourism and cultural opportunities and facilities to enhance the quality of life for Rock Hill residents and visitors. We are very excited to expand our programming for adults 50 and up through Lifelong Learning @ Rock Hill. This program offers a wide array of topics from knowledgeable and enthusiastic instructors, we feel like there will be something to suit all curiosities.



We encourage you to learn and explore all that this great city has to offer. We welcome you to our new Sports and Event Center and are proud to offer you the experience of broadening your horizons through this new opportunity. Please feel free to let us know if we can help you in any way.

We welcome you and look forward to this wonderful opportunity!

A handwritten signature in black ink that reads "John D. Taylor". The signature is fluid and cursive.

John D. Taylor  
 Director, Rock Hill Parks, Recreation and Tourism

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# General Information

Winter 2020 | February 11 - April 1

Register by January 24, 2020

Lifelong Learning @ Rock Hill offers members the chance to participate in two to eight-week interactive courses and one-time workshops and events throughout the year. Local experts and faculty members teach a wide range of topics, including history, religion, science, arts, cooking, writing, pop culture, physical fitness and current events. **Classes will be held at the Rock Hill Sport and Events Center, 326 Technology Center Way, Rock Hill, SC.**

## TO PARTICIPATE

- 1- Go online to [cityofrockhill.com/lifelonglearning](http://cityofrockhill.com/lifelonglearning) to register for classes and events.
- 2- If you are unable to register online, please complete and return the enclosed application along with the annual \$50 membership fee and course fee(s). Some events, workshops and presentations may be free of charge to members. Some classes may require an additional fee for supplies. The fastest way to reserve your spot in a class is to register online. If you choose to mail in your application, please note that applications should be received before January 24, 2020.
- 3- Register over the phone by calling Rock Hill Parks, Recreation & Tourism at 803-329-5620.

## TO SUGGEST A COURSE OR WORKSHOP

Have an idea that you'd like to explore? Visit [cityofrockhill.com/lifelonglearning](http://cityofrockhill.com/lifelonglearning) to fill out a course or workshop proposal or contact Katie Conley at 803-329-5626 to discuss course topics or ways you can get involved as an instructor.

## PAYMENT

Have your credit or debit card ready if you choose to register online. If you are mailing in your registration, please make checks payable to the City of Rock Hill and mail to:

Lifelong Learning @ Rock Hill, PO Box 11706, Rock Hill, SC 29731.

**Please keep in mind that classes fill quickly. Register early to reserve your spot in class.**

# Course Calendar

TUESDAY	WEDNESDAY
<p><b>10 - 11:30 AM</b></p> <p><i>Aging &amp; Spirituality</i></p> <p><i>Arts &amp; Crafts For Everyone</i></p> <p><i>Great Americans: Six Historical and Literary Figures from U.S. History</i></p> <p><b>1 - 2:30 PM</b></p> <p><i>Getting More From Your Financial Plan(Sessions 1 and 2)</i></p> <p><i>Technology At Your Fingertips: Become a Virtual Library Ninja</i></p> <p><i>York County History</i></p>	<p><b>10 - 11:30 AM</b></p> <p><i>Advocacy For Your Own Healthcare</i></p> <p><i>Fraud And Scams In Today's World</i></p> <p><i>Not Your High School Poetry Class</i></p> <p><b>1 - 2:30 PM</b></p> <p><i>A Modern Treasure Hunt: Geocaching</i></p> <p><i>Bike Rock Hill</i></p> <p><i>First Aid/CPR/AED</i></p> <p><i>Theater From Greeks To Broadway</i></p>



# Course Descriptions

## - TUESDAY COURSES -

### **AGING AND SPIRITUALITY**

*S. Susan Shorsten & Dr. Gay Rowzie*

TUESDAYS,\* 10 - 11:30 AM

What is spirituality of aging? How do we move from who we have been to who we are becoming in our elder years? These sessions will help us explore where we are in the aging process and how we might experience the "fullness of life" in our senior years.

6 week course (February 11 - 25; March 10 - 24); \$30; Class Limit: 40

\*NO CLASS ON MARCH 3

### **ARTS & CRAFTS FOR EVERYONE**

*Various Instructors*

TUESDAYS\*, 10 - 11:30 AM

Channel your creativity in this fun and diverse arts and crafts class! Leave with a different project each week. Feb. 18: Guided watercolors with Patti Panetti; Feb. 25: Mini wood tags/signs with Kay Click- Owner of Nailed It DIY Rock Hill; March 3: Guided acrylics on canvas with Kelli Oliver; March 17: Alcohol ink on tile with Wendy Waddle; March 24: Make a memory pillow with Janice Miller; March 31: Patriotic themed wreaths with Melody Kearsse.

6 week course; \$30; Additional fee: \$20 for supplies/materials; Class Limit: 12

\*NO CLASS ON FEBRUARY 11, MARCH 10

### **GREAT AMERICANS: SIX HISTORICAL AND LITERARY FIGURES FROM U.S. HISTORY**

*Winthrop University English & History Professors*

TUESDAYS, 10 - 11:30 AM

This course, taught as a series by faculty from Winthrop's History and English departments, will explore and examine the lives and contributions of six different Americans worth knowing better. Often in classes, individuals are referenced with a few reasons why they are important to know, but rarely is an entire lesson fully focused on a more complete telling of any one person's life and contributions. In this course, each of the six sessions is taught by a different Winthrop faculty member who will focus the entire session on a single American they have studied more intensely and about whom they are enthusiastic to present. This course will be taught primarily through lectures and presentations.

6 week course; \$30; Class Limit: 40

# Course Descriptions

## - TUESDAY COURSES -

### GETTING MORE FROM YOUR FINANCIAL PLAN

*Family Trust Investment Services & Family Trust Credit Union Representatives*  
TUESDAYS, 1 - 2:30 PM

**Week 1: Retirement 101, the Basics Behind Saving for Retirement** - This course reinforces the importance of proper retirement planning throughout your career. It covers strategies for proper money management for a successful financial future. Additionally, this course provides awareness centered around the questions people need to consider as they transition into retirement. Participants gain insight into how to calculate their individual retirement number.

**Week 2: "You Take the Wheel": Auto Buying Insight** - It doesn't matter if you've never purchased a car, or if you've purchased 10 cars. The car-buying process is not something most of us do every day, which is why this class is so valuable. The most cost-effective strategy when buying a car is to do your homework before you start shopping. This class will help prepare you so you get the best deal.

**Week 3: Golden Years: Save, Spend, Travel and Invest During Retirement** - This course will address the many facets of retirement planning, including investment basics, retirement income planning, identity theft, legacy planning, tax strategies and budgeting, etc. The course is suited for those in retirement or nearing retirement who want to gain basic knowledge on how to preserve their legacies and set up reliable retirement income streams. The course will include lectures and discussion as well as expert guest speakers.

**Week 4: Mortgage Buying Basics** - This class will address the many questions related to home buying in today's housing market. We will clarify the frequently asked questions, terms and definitions associated with today's mortgage buying process. "A great class for those considering down-sizing into their retirement dream house."

4 week course; \$20; Class Limit: 40

SESSION 1: February 11- March 3; SESSION 2: March 10-31

### TECHNOLOGY AT YOUR FINGERTIPS: BECOME A VIRTUAL LIBRARY NINJA

*York County Library (YCL) staff*

TUESDAYS, 1 - 2:30 PM

Week 1: How to utilize your smart devices with ease; Week 2: How to use Facebook, Twitter and Instagram; Week 3: Live, Learn Play & Connect through Social Media; Week 4: Navigating YCL's Virtual Library (Learn to navigate your family tree through Heritage Quest; Learn to use Auto Repair Source; Learn to use Brain Fuse to interact with grandchildren).

4 week course; \$20; Class Limit: 20

### YORK COUNTY HISTORY

*Pat Grant*

TUESDAYS, 1 - 2:30 PM

This course will cover a broad history of York County including: how we got the "notch" in our shape; Catawba River and Dams; Catawba Indians and Treaties; Origin of towns and their names; geography; Great Wagon Road and early churches; how Rock Hill won the bidding process to be home of Winthrop University; Civil War skirmish and Federal occupation; Hamilton Carhartt, founder of Carhartt Outdoor Clothing and his years and contributions to Rock Hill. Participants in this course may also have the opportunity to venture out to some sites around York County.

8 week course; \$40; Class Limit: 40

# Course Descriptions

## - WEDNESDAY COURSES -

### **ADVOCACY FOR YOUR OWN HEALTHCARE**

*Katie Wyns*

WEDNESDAYS, 10 - 11:30 AM

This course teaches individuals how to navigate healthcare environments so they can better understand how to approach their role in getting care they deserve and need within the healthcare system.

8 week course; \$40; Class Limit: 20

### **FRAUD AND SCAMS IN TODAY'S WORLD**

*Various Instructors from the Community*

WEDNESDAYS, 10 - 11:30 AM

This course is taught by representatives from various agencies. Each will conduct a session informing citizens on the topics of fraud and scams that occur and how to best protect themselves from becoming victims. Topics will include fraud and scams with representatives from: US Postal Service, Social Security Administration, Medicare, South Carolina Department of Revenue, York County Sherriff's Office, Winthrop University on cyber security, Rock Hill Police Department.

8 week course; \$40; Class Limit: 40

### **NOT YOUR HIGH SCHOOL POETRY CLASS**

*Joanne Gaskins*

WEDNESDAYS, 10 - 11:30 AM

Did you learn about themes and poems in high school but never knew HOW the teacher figured out these poems? Through group work and class discussion, we will learn a process by which to analyze and interpret a poem. We will focus our attention on discussing some of the greatest English poems which many have studied in high school or college but will now have life experiences that will make the poems seem more relevant to their lives than when they were younger.

8 week course; \$40; Class Limit: 20

### **A MODERN TREASURE HUNT: GEOCACHING**

*Jody Steele*

WEDNESDAYS, 1 - 2:30 PM

Geocaching is an activity much like a modern treasure hunt. It is a worldwide sport with a strong sense of community and support for the environment. Using a GPS or cell phone, participants will search for hidden caches. When a cache is found, the geocacher signs the log, may trade swag, puts the cache back and logs the find on geocaching.com. Meet new friends, have fun, exercise, learn and explore our community!

6 week course; \$30; Class Limit: 20



# Course Descriptions

## - WEDNESDAY COURSES -

### **BIKE ROCK HILL**

*City of Rock Hill Parks, Recreation & Tourism staff*

WEDNESDAYS, 1 - 3:00 PM

Recent developments in our city have made it easier and safer to jump on a bicycle and cruise around downtown to get a bite to eat, grab a drink, or just enjoy some fresh air! This class is your opportunity to take a few short, leisurely rides and explore downtown Rock Hill while learning the basic skills you need to plan your own short ride around town. We'll discuss the basic parts and proper fit of bicycles, how to select the right bike, how to confidently identify and travel low-traffic roads, and how to check your bike's ABC's and perform basic maintenance. Cycling helmets and a variety of bike styles will be provided. Students are welcome to use their own bike and helmet during class.

4 week course (March 11 - April 1); \$20; Additional fee: one time \$20 equipment rental; Class Limit: 15

### **FIRST AID/CPR/AED**

*City of Rock Hill Parks, Recreation & Tourism staff*

WEDNESDAYS, 1 - 3:00 PM

Would you know what to do in a cardiac, breathing or first aid emergency? The right answer could help you save a life. This hands-on course will help you recognize and respond appropriately to a variety of life-threatening emergencies. You'll learn the skills you need to give immediate care to a suddenly ill or injured person until more advanced medical personnel arrive and take over. Successful completion of this course could result in a 2-year certification in Adult First Aid, CPR, and AED.

4 week course (February 12 - March 4) ; \$20; Additional fee: optional \$30 to be certified by the American Red Cross; Class Limit: 20

### **THEATER FROM GREEKS TO BROADWAY**

*Dr. Bradley Sabelli*

WEDNESDAYS, 1 - 2:30 PM

This course is an appreciation for the theater and will focus on its history to present-day production. Whether you create 'Art' or observe 'Art' it gives pleasure, escape, and provides general well being for the mind, body and soul. We must not forget: 'Art' is a universal language that knows no boundaries!

8 week course; \$40; Additional materials: The instructor may provide information about purchasing a ticket to a Winthrop University production. TBD

Class Limit: 40

# FAQ's & Staff Information

## What is the wait list policy?

If you sign up for a class that is full, you will be automatically put on a waiting list. We are limited by classroom sizes, time available to us, and safety. If a class has a long waiting list, the Lifelong Learning Committee will work to secure the course for future terms. Please be patient if you are put on a waiting list; we will work hard to open/move a class to handle the demand.

## Are there any class rules?

Out of consideration of other Lifelong Learning @ Rock Hill members, please arrive on time or wait to enter your classroom during the break. If you need to leave a class early, please leave at the break time. We also ask that members refrain from heavy perfume/after shave in respect to those with allergy issues. As usual, please turn cell phones to silent. So that others may enjoy the topic, we request that members not repeat courses.

## Do you have scholarships available?

Yes. If you need financial assistance, please contact Katie Conley at 803-329-5626.

## Refund Policy

Term fees are refundable through the end of the second week of classes. After the end of the second week, no refunds will be given. If an entire membership and/or all classes are dropped, there will be a \$25 administrative charge. **NOTE: For all arts & craft classes, term fees are refundable through the end of the first week only.**

## Lifelong Learning Committee Members

### Community Volunteers:

Janette Havlicek  
Dick McCoy  
Jan Phillips  
Jody Steele  
Lauretta Tremblay  
Dr. Meg Webber

### Rock Hill Parks, Recreation & Tourism Staff:

Katie Conley  
Patti Panetti  
Lisa Rumford

# Lifelong Learning @ Rock Hill

## 2020 Course Registration

CITYOFROCKHILL.COM/LIFELONGLEARNING. PLEASE PRINT.

You may complete this form and return with fees to Lifelong Learning @ Rock Hill, PO Box 11706, Rock Hill, SC, 29731. Please note that if you mail your registration form with fees, it should be in the form of a check made out to: City of Rock Hill. If you would like to drop off your form and payment, please drop off at Fewell Park Center (1204 Alexander Road, Rock Hill, SC). **Classes will be held at the Rock Hill Sport and Events Center, 326 Technology Center Way, Rock Hill, SC.** Applications and fees should be received no later than Friday, January 24, 2020.

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_  
 Emergency Contact Name and Phone \_\_\_\_\_

Class choices: Please indicate with a check mark your preferred class or classes.

- |  |  |
|--|--|
| <input type="checkbox"/> <b>A Modern Treasure Hunt: Geocaching; \$30</b>               | <input type="checkbox"/> <b>Session 2: Getting More From Your Financial Plan; \$20</b>                       |
| <input type="checkbox"/> <b>Advocacy For Your Own Healthcare; \$40</b>                 | <input type="checkbox"/> <b>Great Americans: Six Historical and Literary Figures from U.S. History; \$30</b> |
| <input type="checkbox"/> <b>Aging &amp; Spirituality; \$30</b>                         | <input type="checkbox"/> <b>Not Your High School Poetry Class; \$40</b>                                      |
| <input type="checkbox"/> <b>Arts &amp; Crafts For Everyone; \$50</b>                   | <input type="checkbox"/> <b>Technology At Your Fingertips: Become a Virtual Library Ninja; \$20</b>          |
| <input type="checkbox"/> <b>Bike Rock Hill; \$40</b>                                   | <input type="checkbox"/> <b>Theater From Greeks to Broadway; \$40</b>  |
| <input type="checkbox"/> <b>First Aid/CPR/AED; \$20 or \$50</b>                        | <input type="checkbox"/> <b>York County History; \$40</b>  |
| <input type="checkbox"/> <b>Fraud And Scams In Today's World; \$40</b>                 |  |
| <input type="checkbox"/> <b>Session 1: Getting More From Your Financial Plan; \$20</b> |  |

I'm interested in teaching a course in the Lifelong Learning @ Rock Hill program.

### COST

If you would like to take courses in Lifelong Learning @ Rock Hill, you will need to become a member, which requires a yearly membership fee of \$50. The membership year runs from January 1, 2020 until December 31, 2020. We are unable to prorate memberships at this time. Once you become a member, you may then select the course or courses you would like to take at the specified fee.

**Register and pay online at [cityofrockhill.com/lifelonglearning](http://cityofrockhill.com/lifelonglearning) or mail a check. Please call 803-329-5620 if you have trouble or questions about online registration.**

### REGISTRATION AND PAYMENT FORM

Item	Quantity	Price	Total
Annual Membership Fee	_____	\$50	_____

I already have registered as a member for this academic year

Individual course	_____	_____	_____
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**TOTAL ENCLOSED \$** \_\_\_\_\_



P.O. Box 11706  
Rock Hill, SC 29731-1706  
Tel: 803-329-5620  
[www.cityofrockhill.com/lifelonglearning](http://www.cityofrockhill.com/lifelonglearning)



LIFELONG  
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