

MRC Upcoming Activities* | October 2026 Edition

*For specific details and questions about an activity, event, meeting or training, please contact the individual MRC.



Cannon Beach MRC

- **October**
 - 16th @ 9:00 AM – CBEMT
 - 16th @ 11:00 AM – Satellite Net Dates under advisement
 - 24th @ 9:30 AM – Psychological Care of Children in Disasters, Tim Schendel MSW
- **November**
 - 14th @ 9:00 AM – Radio Practice
 - 14th @ 9:30-11:00 AM – Pet/Person Tabletop
 - 19th @ 11:00 AM – Satellite Net
 - 20th @ 9:00 AM – CBEMT
- **December**
 - 12th @ 9:00 AM – Radio Practice
 - 13th @ 9:30-11:00 AM - Network Brunch
 - 18th @ 9:00 AM - CBEMT

Columbia County MRC

No activities, events, meetings or trainings submitted by the publication deadline.

- Contact the MRC for information.

Coos County MRC

- **Monthly meetings** – 6:00 PM at Coos Bay Fire Community Room 450 Elrod Ave Coos Bay:
 - November 12, December 10
- Check out the [Coos Bay MRC Facebook](#) page. Follow us!

Deschutes County MRC

These scheduled events are **NOT** open to the general public.

- **October**
 - 28th @ 12:30-1:30 PM - Teaching Stop the Bleed at La Pine Activity Center.
- **November**
 - 2nd @ 1:00-2:00 PM - Teaching Hands-only CPR at Council on Aging in Bend.
 - 3rd @ 3:00-4:00 PM - Teaching Stop the Bleed for Sunriver Public Safety.
 - 4th @ 12:30-1:30 PM - Teaching Hands-only CPR at La Pine Activity Center.
 - 18th @ 12:00-1:00 PM - Teaching Stop the Bleed at Sisters CORE.
- **December**
 - 2nd @ 3:30-5:00 PM (**TENTATIVE**) - Deschutes County MRC Advisory Committee Meeting

Eastern Oregon MRC

No activities, events, meetings or trainings submitted by the publication deadline.

- Contact the MRC for information.

Lane County – St. Vincent de Paul MRC

- **October**
 - 17th @ 2:30-7:00 PM – Health Fair Springfield | Mostly for the Spanish speaking community
- **November**
 - 2nd @ 5:30-7:00 PM – MRC monthly meeting
- **December**
 - 7th @ 5:30-7:00 PM – MRC monthly meeting

Lincoln County MRC

- **October**
 - 27th @ 1:00-2:00 PM – Leadership meeting (Virtual)
- **November**
 - TBD @ 10:00 AM – Drill - Semi-Annual Call Down (Virtual)
 - Contact the MRC for specific date and details.
- **December**
 - 22nd @ 1:00-2:00 PM – Leadership meeting (Virtual)
- **Point of Dispensing (POD) Team**
 - Lincoln County MRC has formed a Point of Dispensing (POD) Team which is developing a list of recommended medical countermeasures/ supplies that would be staged for rapid deployment to

assist our community in an emergency. The team is drawing upon the knowledge and experience of our MRC members to identify which threats to counter, recommended supplies to stage, and then their support with stocking of the emergency carts which can be quickly loaded into trailers for rapid transport to an impacted community. Threats considered would likely include the spread of a communicable disease (COVID/flu/etc.) and wildfire smoke, among others.

[Linn County MRC](#)

- **October**
 - TBD – Stop the Bleed Training
- **November**
 - 11th - Veterans Day Parade First Aid Station

[Multnomah County MRC](#)

No activities, events, meetings or trainings are currently planned.

- Contact the MRC for information.

[Nehalem Bay MRC](#)

Nehalem Bay MRC Education Calendar:

- **October**
 - 15th – [Tillamook County 4th Annual Great ShakeOut](#)
 - Countywide Exercise Tillamook County Citizens Corps Council (TC4).
 - Assembly areas and neighborhood gathering sites will have educators and communications to share education.
 - Day of Drop, Cover, and Hold On then Evacuate.
 - Communications include GMRS radios.
 - 26th - Winter Preparedness Update
- **November**
 - 11th - MCI Exercise using the Trailer (Collaborative training with NBFRD and MRC)
 - Skill Training - Chest Decompression, Tourniquets, Stop the Bleed.

[Wasco County MRC](#)

- **November**
 - 2nd @ 5:30 PM - Community Stop the Bleed Training, Dalles Public Library
 - Location - Mid-Columbia Fire & Rescue, The Dalles.
 - [Click here for the flyer.](#)
- **December**
 - Starting the 14th through February 26th - Blanket Drive for Community Partner Organizations
- **Dates TBD (To Be Determined)**
 - Flu Vaccination Clinics with Community Partner Organizations
 - Contact the MRC for specific date and details.

[Washington County MRC](#)

- Bi-Monthly Unit meeting
 - 6:30 PM - 2nd Thursday every other month
 - November 12th, January 14th, March 11th, May 13th, July 8th, September 9th
- Quarterly In-person Unit Meeting / Training
 - 9:00 AM – 12:00 Noon - 2nd Saturday each quarter
 - October 10th (Strategic Planning), January 9th, April 10th, July 10th
- Review New Draft of MRC Handbook - Initial meeting was Monday, October 12th
 - Future with meetings TBD
 - Contact MRC for dates, times, and details.

[Yamhill County MRC](#)

- **October**
 - 18th @ 8:00 AM – 12:30 PM - Volunteers **needed** to support a small flu clinic.
 - St. Michaels Church in Newberg
 - 24th @ 8:30 AM – 12:30 PM – Henderson House “Pathways to Healing 5K”
 - Volunteers staffing First Aid Station for runners
- **November**
 - 14th @ 9:30 AM – 2:00 PM – UNIDOS Wellness Fair
 - Volunteers delivering flu and/or COVID vaccinations to Latinx community members
- Check out the [Yamhill County MRC Facebook page](#). Follow us!