



Tips for building Trust and respectful Partnerships with families

Trust is the foundation of home visiting. Families of color may have historical or personal reasons for distrusting healthcare systems or government agencies, making it essential for home visiting nurses and staff to build relationships rooted in respect and cultural sensitivity.

Engage in lifelong learning – See focus area # 8 Practice 2 and 3 of the [Equity Resource library](#) (ERL) pages 38 & 39 for more resources and information.

a. Gain knowledge about the traditions, customs, cultural practices of the Hispanic community. b. Gain understanding about the traditions, customs, cultural practices of various cultures of the communities we serve. c. Other resources to check out such as Transcultural Nursing Society to advance Culture Care	Understanding the Hispanic Culture For other cultures see ERL page 38 (2.b) Transcultural Nursing Society
d. Gain knowledge of the individual client’s values, beliefs, and practices. Approaching these differences with curiosity and respect creates space for open communication and share decision-making. • learning a family member’s preferred name or pronouncing it correctly • showing respect for elders’ roles in infant care	Cultural Humility in Home Visiting Practice – You tube Cultural humility supporting Immigrant Families The Impact of Latino Cultures on the

• honoring traditional postpartum practices • differences in feeding practices • family roles may reflect deep cultural traditions • Research about how traditional practices like baby wearing can reduce postpartum depression	<u>Experiences of grandmothers</u> <u>What other cultures can teach the US about postpartum rituals</u> <u>Cultural Differences in Infant Feeding</u> <u>Family Structures, Cultural practices, roles and functions</u> <u>Randomized controlled trial to prevent postpartum depressive symptomology</u>
e. Become skilled at working with a translator • Speak clearly and concisely • Be aware of cultural differences	<u>Communicating via an interpreter</u>