

Wildfire Resources August 2026

Links to resources:

- Wildfires and smoke: [Oregon Health Authority wildfire resources](#)
- Crisis and trauma resources: [OHA Resources for Crisis and Trauma Response](#)
- Wildfire recovery assistance: [Oregon Department of Human Services – Get Help After a Wildfire](#)
- Oregon wildfire preparedness and evacuation information: [Oregon Department of Emergency Management](#) (OEM)
- Check the air quality near you: <https://www.airnow.gov/> or <https://aqi.oregon.gov/>
- State of Oregon Fires and Hotspots Dashboard: [OEM](#)
- Prepare Your Home: [Portland General Electric](#)
- Breathing easy in Oregon: What families need to know about wildfire smoke and masks: [Oregon Health News Blog](#)
- Apply for resources or donate: [Oregon Disaster Funders Network](#)
- Supporting communities impacted by wildfire: [1000 Friends of Oregon](#)
- Wildfire Safety & Prevention: [Portland General Electric](#)
- Insurance and Wildfires: [Oregon Consumer Justice](#)
- Oregon Fires Imagery: [NASA](#)
- Oregon Businesses Encouraged to Report Wildfire and Smoke Impacts:
 - English - [Oregon Business Self-Reporting Damage Survey](#)
 - Español: [Este formulario de encuesta es solo para reportar impactos a negocios.](#)
Para reportar impactos a viviendas (o a viviendas y negocios), por favor diríjase a [esta encuesta](#).

Check in with neighbors, friends and coworkers

A simple conversation can help people feel less alone. Reach out to people who may need additional support, including older adults, children, people with disabilities and those who may have difficulty evacuating or accessing resources.

Create space to express emotions

Give people permission to talk about what they are experiencing at their own pace and without judgment. This can be especially important for children and teens.

Encourage rest and recovery

Healing takes time. Maintaining routines when possible, getting enough rest and reconnecting with people and activities that bring comfort can help restore a sense of stability.

Take breaks from the news and social media

Staying informed is important during an emergency, but continuously monitoring wildfire coverage can increase stress and anxiety. Check trusted sources for updates, then give yourself permission to step away.

Prepare for evacuation

Having a plan can reduce some of the uncertainty that comes with a wildfire threat. Know your evacuation zone and routes, sign up for emergency alerts, keep important medications and documents accessible, and have a go-bag ready.

Protecting mental health during smoke events

People do not have to navigate the emotional effects of wildfire alone.

- 988 Suicide & Crisis Lifeline: Call or text 988 for free, confidential crisis support.
- Lines for Life: 800-923-HELP (4357) provides emotional support and help connecting with resources. Oregon's wildfire recovery resources also direct people to Lines for Life for emotional support, with interpreters available.
- YouthLine: Young people can call 877-968-8491 or text teen2teen to 839863 for support.
- The AgriStress HelpLine is a free, 24/7 hotline for Oregon's agricultural and forestry communities, including farmers, ranchers, fishermen, foresters, and their families. Call or text: (833) 897-2474. Helpline operators are trained to understand the unique stressors and situations of agriculture, forestry, and fishing. All calls are answered within 30 seconds.

People affected by a wildfire who need help finding food, shelter, health care, emotional support or other services can also connect with 211 for local resources.

Support for children and teens

Parents and caregivers can help children feel safer by providing reassurance, maintaining routines when possible and giving children opportunities to ask questions and express their feelings.

During a wildfire or evacuation, children may need additional reassurance and opportunities to reconnect with familiar people and routines. Adults can model healthy coping behaviors by taking breaks, getting rest, talking with others and asking for help when needed.

Other resources:

- Oregon Smoke Information: [See the latest air quality advisories issued by the Oregon Department of Environmental Quality with links to wildfire and other information](#)
- Check wildfire perimeters: [Wildland Fire Application Information Portal](#)
- Learn about particulate matter: [Environmental Protection Agency](#)

- Oregon Air Quality Activity Guide for Children and Youth: [OHA Health Security, Preparedness and Response](#)
- Building Closure information: [Department of Administrative Services](#)
- [2026 Wildfire Recovery Needs Survey](#) - Please use this form to share your post-fire recovery needs if you were affected by a Gilliam/Wheeler County fire
- [2026 Request for Land and CRP for Animal Grazing](#) - This survey aims to document landowners willing to provide grazing opportunities for producers affected by the fires in Gilliam County and Wheeler County.
- [2026 Wildfire Recovery Supply Donation Survey](#) - Use this form to offer hay, livestock feed, fencing materials, equipment, transportation, volunteer help, or other supplies and services that can help ranchers recover from the 2026 Fires in Gilliam and Wheeler Counties.
- [Find out who your local emergency manager is](#) - Reach out to learn how your community prepares for disasters. (OEM)