

## MRC Upcoming Activities\* | August 2026 Edition

\*For specific details and questions about an activity, event, meeting or training, please contact the individual MRC.



### Cannon Beach MRC

- **August**
  - 8<sup>th</sup> @ 9:00 AM – Radio Practice
  - 8<sup>th</sup> @ 9:30 – 11:00 AM – MRC Leadership
  - 11<sup>th</sup> @ 11:00 AM – Coastal Partner
  - 20<sup>th</sup> @ 11:00 AM – Satellite Net
  - 21<sup>st</sup> @ 9:00 AM – CBEMT
- **September**
  - 12<sup>th</sup> @ 9:00 AM – Radio Practice
  - 12<sup>th</sup> @ 9:30 – 11:00 AM – Pet/Person Tabletop
  - 18<sup>th</sup> @ 9:00 AM – CBEMT
- **October**
  - 10<sup>th</sup> @ 9:00 AM – Radio Practice
  - 10<sup>th</sup> @ 9:30-11:00 AM – MRC Leadership
  - 16<sup>th</sup> @ 9:00 AM – CBEMT
  - 16<sup>th</sup> @ 11:00 AM – Satellite Net Dates under advisement
  - 24<sup>th</sup> @ 9:30 AM – Psychological Care of Children in Disasters, Tim Schendel MSW
- **November**
  - 14<sup>th</sup> @ 9:00 AM – Radio Practice
  - 14<sup>th</sup> @ 9:30-11:00 AM – Pet/Person Tabletop
  - 19<sup>th</sup> @ 11:00 AM – Satellite Net
  - 20<sup>th</sup> @ 9:00 AM – CBEMT

### Columbia County MRC

*No activities, events, meetings or trainings submitted by the publication deadline.*

- Contact the MRC for information.

### Coos County MRC

- **Monthly meetings** – 6:00 PM at Coos Bay Fire Community Room 450 Elrod Ave Coos Bay:
  - September 10, October 8, November 12, December 10
- **September** – Assembly drill event during National Preparedness Month
  - Contact MRC for exact date and time
  - Coos Bay MRC **members only**
  - For additional information contact the MRC
- Check out the [Coos Bay MRC Facebook](#) page. Follow us!

### Deschutes County MRC

- **August**
  - 12<sup>th</sup> - Hands-only CPR at the Redmond Senior Center
- **September**
  - 9<sup>th</sup> - Stop the Bleed at Redmond Senior Center
- **October**
  - 6<sup>th</sup> - Two sessions of Hands-only CPR & Stop the Bleed at Awbrey Glen Golf Club

### Eastern Oregon MRC

- **September**
  - Baker County Preparedness Fair
- **September/October**
  - Hosting CPR class for the local community. Date to be announced. Contact MRC for more information.

### Lane County – St. Vincent de Paul MRC

- **August**
  - 20<sup>th</sup> - Hands only CPR in Spanish for youth at CALC (Community Alliance of Lane County).
- **September**
  - 7<sup>th</sup> - Monthly meeting
- **October**
  - 3<sup>rd</sup> - Table at Jerry's Safety Fair in Eugene and Springfield

### Lincoln County MRC

- **August**
  - 25<sup>th</sup> @ 1:00 PM – Leadership meeting (Virtual)
- **September**
  - 12<sup>th</sup> @ 11:00 AM – 2:00 PM – Readiness Fair, Public Health Booth | Newport Recreation Center
  - 22<sup>nd</sup> @ 6-7:00 PM - Bi-Monthly Team Meeting (Virtual)
    - Training: Heat Related Illness Review & 10 Second Triage – Taught by Beth Burch
- **October**
  - 27<sup>th</sup> @ 1:00 PM – Leadership meeting (Virtual)
- **November**
  - TBD @ 10:00 AM – Drill - Semi-Annual Call Down (Virtual)
- **December**
  - 22<sup>nd</sup> @ 1:00 PM – Leadership meeting (Virtual)
- **Point of Dispensing (POD) Team**
  - Lincoln County MRC has formed a Point of Dispensing (POD) Team which is developing a list of recommended medical countermeasures/ supplies that would be staged for rapid deployment to assist our community in an emergency. The team is drawing upon the knowledge and experience of our MRC members to identify which threats to counter, recommended supplies to stage, and then their support with stocking of the emergency carts which can be quickly loaded into trailers for rapid transport to an impacted community. Threats considered would likely include the spread of a communicable disease (COVID/flu/etc.) and wildfire smoke, among others.

### Linn County MRC

- **TBD** - Shelter Training, in process of scheduling
- **September**
  - 2<sup>nd</sup> – Back to School Vaccine Event
- **October**
  - TBD – Stop the Bleed Training

### Multnomah County MRC

*No activities, events, meetings or trainings submitted by the publication deadline.*

- Contact the MRC for information.

## [Nehalem Bay MRC](#)

Nehalem Bay MRC Education Calendar:

- **September**
  - National Emergency Preparedness Month
  - 6<sup>th</sup> - EVCNB with NBMRC Volunteer Appreciation Event
  - 8<sup>th</sup> – Start promotional campaign and coordination for the Great ShakeOut
    - Make sure assembly areas are accessible.
    - Preparations for Go Bag.
    - 2023: **455 participants** | 2024: **741 participants** | 2025: **3921 participants**. Hoping to continue to spread the word to save lives.
    - Several reasons to have an evacuation plan: wildfire, landslide, earthquake, tsunami, etc.
- **October**
  - 10<sup>th</sup> - NBMRC Tabling at Nehalem Bay Fire & Rescue Open House
  - 15<sup>th</sup> – [Tillamook County 4<sup>th</sup> Annual Great ShakeOut](#) - Countywide Exercise coordinated by TC4.
    - Encouraged to sign up for Everbridge notification ahead of time.
    - Assembly areas and neighborhood gathering sites will have educators and communications to share education.
    - Day of Drop, Cover, and Hold On then Evacuate.
    - Communications include GMRS radios.

## [Wasco County MRC](#)

- **September**
  - 19<sup>th</sup> 10am-2pm - Get Ready Event!
    - Location - Mid-Columbia Fire & Rescue, The Dalles.
    - [Click here for the flyer.](#)

## [Washington County MRC](#)

*No activities, events, meetings or trainings submitted by the publication deadline.*

- Contact the MRC for information.

## [Yamhill County MRC](#)

- **October**
  - 14<sup>th</sup> @ 6:00-7:30pm - MRC Volunteer Meeting
    - Tentative training topic: START Disaster Triage
  - 24<sup>th</sup> – Henderson House 5k
    - All Day Event
    - Volunteers may be needed to staff a First Aid station for runners
- Check out the [Yamhill County MRC Facebook page](#). Follow us!