

MRC Upcoming Activities* | March 2026

*For specific details and questions about an activity, event, meeting or training, please contact the individual MRC.



Cannon Beach MRC

- March 14 @ 9:00 AM - Radio Practice
- March 19 @ 11:00 AM - Satellite Net
- March 20 @ 9:00 AM – CBEMT
- March 28 @ 9:30 AM - De-escalation, Chief Rob Shultz, Tolovana Hall
- April 11 @ 9:00 AM – Radio Practice
- April 11 @ 9:30 AM – Pet Person Tabletop
- April 14 @ 11:00 AM – Coastal Partner
- April 16 @ 11:00 AM - Satellite Net (Lila, Bob, Dale)
- April 17 @ 9:00 AM - CBEMT (Bob, Lila, Tom)
- April 25 @ 9:30 AM - Burn Care, Erin Hollax, Tolovana Hall
- May 2 @ 9:30 AM - Crises Standards of Care Tolovana Hall, Jon Jui
- May 9 @ 9:00 AM – Radio Practice
- May 15 @ 9:00 AM – CBEMT
- May 21 @ 11:30 AM – Satellite Net
- May 30 @ 1 – 4:00 PM – Statewide Pathfinder, Cannon Beach
- June 9 @ 11:00 AM – Coastal Partner

Columbia County MRC

March 20 @ 8:30 AM – 4:30 PM – Psychological First Aid (PFA) Training

- John Gumm Auditorium, 251 St. Helens, OR 97051
- Spots still available. Contact the MRC for information.

Coos County MRC

Monthly meetings – 6 PM at Coos Bay Fire Community Room 450 Elrod Ave Coos Bay:

- March 12, April 9, May 14, June 11, July 9, August 13, September 10, October 8, November 12, December 10
- March 14 @ 9 AM CPR/First Aid Class
 - Coos Bay MRC **members only**
- Check out the [Coos Bay MRC Facebook](#) page. Follow us!

Deschutes County MRC

- Safety Kit Building
 - March 20 from 2:30-4:30 PM
- Teaching Hands-only CPR and Stop the Bleed classes | Awbrey Glen Golf Club
 - March 17th two classes: 9-11 AM and 1-3 AM
- Teaching Stop the Bleed for staff of Thrive, a local community-based organization
 - March 18
- Supporting Harm Reduction Field Work – Bend, Oregon
 - March 11, 18, 25
- Supporting Harm Reduction Field Work – La Pine, Oregon
 - March 12, 19, 26
- Supporting Harm Reduction Field Work – Redmond, Oregon

- March 13, 20, 27
- Supporting Safety Kit Building for the Harm Reduction Program
 - March 20
- Role Players at Crisis Intervention Training with Law Enforcement and Behavioral Health partners
 - April 17 from 8 AM – 4 PM
- April - Support for Harm Reduction Work (pending)
- May – July
 - Support for Harm Reduction Work (pending)
 - Attend training with Deschutes County Emergency Management to increase capacity for evacuation outreach (pending)

Eastern Oregon MRC

- Coming up in the spring – Visiting Region 9 hospitals and showing off the new trailer set ups.

Lane County MRC

No planned activities, events, meetings or trainings.

- Contact the MRC for information.

Lincoln County MRC

- May 15-16 | [Pathfinder Exercise](#) – Newport, Oregon
 - Lincoln County MRC members will be involved in the mock treatment and transport of 'victims' for a medical response to a Cascadia Subduction Zone earthquake. Expected participant organizations will include the State Managed Volunteer Pool (SMVP), Oregon Disaster Medical Team (ODMT), Lincoln County, Oregon Air National Guard, ODMT volunteers, the City of Newport, and Samaritan Pacific Communities Hospital. [Click here for additional information.](#)
- Point of Dispensing (POD) Team
 - Lincoln County MRC has formed a Point of Dispensing (POD) Team which is developing a list of recommended medical countermeasures/ supplies that would be staged for rapid deployment to assist our community in an emergency. The team is drawing upon the knowledge and experience of our MRC members to identify which threats to counter, recommended supplies to stage, and then their support with stocking of the emergency carts which can be quickly loaded into trailers for rapid transport to an impacted community. Threats considered would likely include the spread of a communicable disease (COVID/flu/etc.) and wildfire smoke, among others.

Linn County MRC

- Conducting an MRC volunteer meeting/training and an orientation
 - Contact the MRC for information.

Multnomah County MRC

No planned activities, events, meetings or trainings.

- Contact the MRC for information.

Nehalem Bay MRC

- March (TBD) - Triage (START)
- April/May - CERT Training / MRC to help with Final Exercise
- May 9 - CPR & AED with First Aid

Wasco County MRC

- Distribute Stop the Bleed materials to EMS agencies
- Deliver Be 2 Weeks Ready training (pending)

Washington County MRC

- March 19 & 25 - Putting together small go-bags for older adults.
- Planning preparedness presentations and beginning to reach out to organizations with the goal of making it an ongoing project to reach as many older adult communities.
- March - Psychological First Aid (PFA) and Wilderness First Aid classes being offered to our volunteers.
- Partnership with WIC continues:
 - New volunteers are signing up to assist WIC with health screenings and hemoglobin checks.
- Project Homeless Connect vaccinations (tentative)
- July - Beginning plans for Seattle to Portland Bicycle Race to staff 3 First Aid stations.

Yamhill County MRC

- April 15 @ 6:00-7:30 PM - YCMRC Volunteer Meeting
- April 16 @ 4:00-7:00 PM - Sheridan Schools Kids Health Fair
- Check out the [Yamhill County MRC Facebook page](#). Follow us!