



WE'RE USING NEUROSCIENCE  
AND PRECISION MEDICINE IN THE  
**FIGHT**  
Against Depression



### **ALTO-300-201 – A Study for Adults with Depression with or without PTSD**

Alto Neuroscience, VA Boise, & Project NAVIGATOR have joined forces using new technology in a Clinical Trial examining the effectiveness of a unique investigational medication, ALTO-300.

Depression represents one of the greatest threats to our community from battlefield to home front. We are facing an inevitable truth: there is not one battle, but two. The first is defined by the ability to fight, survive, and accomplish the mission within the crucible of warfare and military service; the second, to survive the long-term physical and psychological injuries characteristic of these sacrifices and to thrive against the odds. The current study represents a new strategy in our fight on the second battlefield by exploring the effects of new medications and helping us learn the best match for what each individual's brain needs to succeed in treatment.

**Participants will be asked to:** Take the medication and wear a FitBit for up to 15 weeks, attend 12 study visits over 16-20 weeks that include EEG, labs, genetic testing, psychological and cognitive testing.

**Participants will receive:** Compensation for their time to complete the study + travel time.

### LOCATION

- 5 of the 12 Visits will be on-site at VA Boise in Boise, ID, and 7 will be via Telehealth (from your home).

You may be eligible if you are:

- 18-64 years old
- Diagnosis of Depression and are taking an Antidepressant  
OR
- Diagnosis of Depression with Mild/Moderate PTSD and are taking an Antidepressant

To hear more about this study, call a member of the study team:

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Sponsor: [www.AltoNeuroscience.com](http://www.AltoNeuroscience.com)

