

Q & A from the September OK SHIP Cardiovascular Disease Meeting

What is the service location?

- Service locations are based in the clinical setting. Year 2 partners are all rural, including Hollis, Altus, Cordell, Fort Cobb, and Anadarko

Would you like to partner with SoonerCare's Nurse Case Management? Make referrals to our team?

- There may be strong potential here for year 3 of the pilot program. Please contact kwhite@rfbo.org in the next few months to discuss in more detail.

Are you listed as a resource on FindHelp/Be a Neighbor?

- The MTM pilot program is not currently listed externally since we are in the pilot phase and cannot take on referrals outside of our partner clinics and participant limitation.

Brainstorming if there are opportunities for volunteers to help this program expand in rural areas! (Lezlie Borak)

- This would be a very interesting thing to think through! I would love to brainstorm further about this. Please feel free to reach out.

Do program budgets include food, childcare, travel assistance, and stipends for time? (Adrienne Elder)

- The budget covers food and incentives/stipends for labs and focus group participation. We are working with partners to determine transportation resources for those that need them. We do not have funding for the other resources but will keep this in mind should additional funding become available.
- When it comes to education there are many attempts to consider days and times that not only work for the clinic, but the participants. Prior to classes beginning we speak with each one of them, sometimes more than once during the recruitment/registration process to support unique circumstances whenever possible. We are also exploring the possibility of recording classes for additional convenience.

Is there availability for additional clinics sign up to participate in this pilot program?

Wondering about Health Departments, RHCs or FQHCs? (Melissa Simms)

- We currently work with FQHC clinics on the pilot. There is space to sign up to partner in Year 3 currently. Please reach out to kwhite@rfbo.org!

Is there a way to taper down the sodium content over time for patients? Is it feasible to have varying levels of sodium content in your prepackaged meals? (Kacee Blackwell)

- The MTM menu provides a variety of meals with a range of sodium content, all at or under the FIM Guideline threshold. Tapering sodium levels would be a challenge, but not necessarily out of the question in the future as the program scales up.