

[Oklahoma State Health Improvement Plan \(OK SHIP\)](#)
Mental Health & Substance Misuse Workgroup Meeting Highlights & Takeaways
[Mental Health Dashboard](#) [Substance Misuse Dashboard](#)

March 12, 2025 | 9:00 a.m. CST – 10:00 a.m. CST

Key Highlights & Takeaways

- ✚ **Naloxone Vending Machines & Overdose Prevention** – Discussion around availability and distribution strategies to expand access and save lives.
- ✚ **988 Suicide & Crisis Lifeline** – Identified the need for expanded outreach and greater availability of materials to enhance public awareness and utilization.
- ✚ **Substance Use Data & Resources** – The **Oklahoma Injury Prevention Service** provides valuable data dashboards and county fact sheets on fatal and nonfatal overdoses. Explore resources at [Oklahoma Overdose Data](#).
- ✚ **Maternal Health Workgroup** – The Oklahoma Health Care Authority (OHCA) is forming a dedicated workgroup to address maternal mental health needs.
- ✚ **CTTC Training Consideration** – The workgroup discussed incorporating **Complex Trauma Training Curriculum (CTTC)**, a 20-module program designed to educate different audiences on trauma and its impacts.
- ✚ **Reducing Access to Lethal Means** – Strategies to improve tracking and increase **gun lock distribution**, potentially through County Health Departments (CHDs), were discussed.
- ✚ **Strengthening Tribal Partnerships** – Emphasizing collaboration with tribal communities to enhance suicide prevention efforts for **American Indian/Alaska Native (AI/AN)** populations.

Resilient Oklahoma – Call to Action

Resilient Oklahoma is committed to fostering **trauma-informed care, resilience-building, and community collaboration** across the state. Here's how you can get involved:

- ✓ **Share** relevant resources to be included on the [[Resilient Oklahoma website](#)]
- ✓ **Join** the Resilient Oklahoma workgroup to help drive community-based solutions.
- ✓ **Provide feedback** on how OK SHIP goals align with resilience-building initiatives.


If you'd like to contribute or get involved, please reach out to **Autumn C.** at autumnc@health.ok.gov.

Resources & Partner Announcements


 [Mental Health & Substance Misuse Activity Slides](#)

 [Oklahoma SHIP Workgroup Interest Form](#)

 [Oklahoma SHIP Partner Interest Form](#)

 [Oklahoma SHIP 2025 Meeting Calendar](#)

 **Overdose Prevention & Naloxone Training**

 **May 6th, 12:00–1:00 PM**

 Hosted by DCCCA

Link to Register: <https://us02web.zoom.us/meeting/register/xQnzSpa1TS2-1ywJMYqYsA#/registration>

Reminder: Please let us know if you would like to spotlight your work at an upcoming meeting by emailing Josh Bouye at joshua.bouye@health.ok.gov

2025

State Health Improvement Plan (SHIP) Calendar

January						
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Key Workgroup Meetings: 2nd Wednesdays, 9-10am

CVD Meeting
Drivers of Health Meeting
Mental Health & Substance Misuse Meeting
Diabetes Meeting
2025 SHIP All Workgroup Annual Meeting - Oct. Date TBD
For Obesity Meetings visit- Obesity State Plan Dashboard