



OK SHIP – Cardiovascular Disease (CVD) Workgroup

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Highlights from January Meeting

January 8, 2025 | 9:00 - 10:00am

Topic	Highlights
Welcome	<p>Attendees: Aisha Shah (OSDH), Aley Cristelli (OK Complete Health), Ande Rooks (OSDH), Ariel Carroll (EMBARK), Brandie Combs (OSDH), Brittany Clark (OSDH), Brittany Hudson (OUHSC), Carrie Edwards (OHCA), Cassie Bartlett (Cherokee Nation), Christie, C. Reeder, Crystal Duncan, Daryn Kirkpatrick (OSDH), Debra Johnson (OSDH), D'Elbie Walker (OSDH), Emily Coppock (OHA), Heather Griffin (Muscogee Nation Dept of Health), Hillary Burkholder, Jacqueline McDaniel (MyHealth), Jana Castleberry, Jayme Noble (OFMQ), Jeanean Yanish Jones (HAU), Jennifer Colbert (OHCA), Jenn Gingerich (OSDH), Jennifer Like (OSDH), Jill Hazeldine (PHIO), John Morton, Jonathan, Josh Bouye (OSDH), Joyce Thomas (OSDH), JT Petherick, Karin Leimbach (OSDH), Katie Pollard (Comanche Co. Mobility Mgmt. Program), Keeja R., Keeley White (RFBO), Kenda Dilbeck, Kira Switzer (TSET), La'Chanda Stephens-Totimeh, Leslie Ballenger (OUHSC), Linda Brinlee (OK Impact Investing Collaborative), Lisa Harrington (OCCHD), Mark Rogers, Melissa Sims (OSDH), Mike Chavez (Integris Health), Mitch Drummond, Morgan Hamilton (OSDH), Nayedhli Gutierrez (OSDH), Rachael, Rich Rasmussen (OHA), Ronneal Mathews (Humana Healthy Horizons), Sarah Yount (SWOSU), Saundra Burchill (OFMQ), Stephen Weaver (OSDH), Suanne Goodrich (OSDH), Susan Loris-Nurturer (OHCA), Tina S., Tre Williams (OCCHD), Yajaira Valdez (OUHCS), Young Onuorah (DMHSAS)</p> <p>Reminders/Updates from TMO</p> <ul style="list-style-type: none">• New meeting recurrence for SHIP – every 2nd Wednesday from 9am-10am and each month will feature a different workgroup.• SHIP Quarterly Newsletter is in the works and will go out to all SHIP members who've completed the workgroup interest form.• If you are new to OK SHIP and have not yet completed the workgroup interest form, please be sure to fill out to receive the calendar series and email distribution.

<p>TMO Updates & Member Share-out</p>	<ul style="list-style-type: none"> MyHealth is hosting an HIE Office Hours on January 15th from 12:15-1pm for those interested in learning more about Oklahoma's Health Information Exchange and how its programs are transforming healthcare across the state. <ul style="list-style-type: none"> Registration: https://lnkd.in/eqRhkHSc OSDH District 5 is kicking off first sessions for the A Way to Wellness program the first week of January. A Way to Wellness address obesity, diabetes, and cardiovascular health. There will be a community session offered at a local farmer's market, who will be doubling purchases with a produce voucher. <ul style="list-style-type: none"> Contact: Melissa Simms, D5 Community Engagement & Health Planning Manager melissa.simms@health.ok.gov Oklahoma Comprehensive Cancer Network (OCCN) meets bimonthly – every other 2nd Thursday of the month from 9:30-11. Focus of OCCN is on 5 primary cancers plus nutrition, obesity, survivorship, and health equity. <ul style="list-style-type: none"> Contact: Andrea (Ande) Rooks, Cancer Program Coordinator andreasxr@health.ok.gov or Jennifer Roysdon, Comprehensive Cancer Control Coordinator jennifer.roysdon@health.ok.gov OHCA applied for the Chima grant a few months back to assist with maternal health efforts; activities will be conducted in Eastern OK and OHCA is looking to partner with anyone who has interest as it relates to SDOH and maternal health. <ul style="list-style-type: none"> Contact: Jennifer Colbert jennifer.colbert@okhca.org Activate Oklahoma has four Couch-to-5K programs ready to go in Tulsa for 2025; the programs are free and Active OK also has scholarships available as necessary for participants to purchase shoes and equipment. Another program available is for veterans/active duty/friends and family of veterans at the Tulsa VA Hospital; interested in learning more about strategies for recruiting veterans. <ul style="list-style-type: none"> Contact: Mitch Drummond mitch@activateoklahoma.org Veteran resources shared in chat: <ul style="list-style-type: none"> Kibois Supportive Services for Veteran Families (SSVF) Aetna Better Health of Oklahoma – Megan Lowry, Veterans Wellness Coordinator megan.lowry@aetna.com Oklahoma Military Veteran's Association State VFW State American Legion Disabled Americans of Oklahoma
<p>Community Spotlight: CHW Training & Resource Hub</p>	<p>Yajaira Valdez, Public Health Specialist and CHW with the OUHSC College of Pharmacy</p> <ul style="list-style-type: none"> Link to recording of presentation: https://vimeo.com/1050196500 Working towards increasing the number of CHWs in the state and raise awareness of services. Developed a free foundational CHW training to provide to libraries, churches, and pharmacies to cross-train their employees/volunteers.

	<ul style="list-style-type: none"> ▪ Training has 8 modules and is approximately 8 hours in length ▪ Available for group formats in person or virtual and can be split into two four-hour days ▪ Self-paced format available as well via Canvas • Developed a CHW resource hub that is available after completion of the CHW training; resources include emphasis on diabetes and cardiovascular health • Collaborating with American Heart Association to implement heart check stations at local churches and libraries for community members to self-measure their blood pressure and work with a CHW to get connected to local healthcare services • Resources: CHW Training Flyer CHW Training Inquiry Form CHW HUB • Contact: Yajaira-Valdez@ouhsc.edu
Health Literacy Presentation	<p>Nayedhli Gutierrez, Health Equity Fellow with the OSDH Office of Minority Health and Health Equity</p> <ul style="list-style-type: none"> • Link to recording of presentation: https://vimeo.com/1050909397 • Health Literacy training can be conducted for employees at any agency/organization; includes an interactive health literacy game • Resources: HLE2 The Health Literacy Environment of Hospitals and Health Centers NLM Assessing Health Education Materials DSMES Health Literacy Tool • Contact: Nayedhli.Gutierrez@health.ok.gov
Adjourn	Next SHIP CVD Meeting : Wednesday May 14 th , 2025 from 9am-10am
Action Items	