

August 2024

Your go-to resource for timely personal finance education, resources and services

Financial Literacy Resources for Teachers, Parents and Students

Teachers

Teaching personal financial literacy in schools is essential for preparing students to manage their finances effectively. Here are some key strategies and resources to help you as you prepare.

- **Use Real-Life Examples**

Relate financial concepts to students' lives. Discuss budgeting for a school event or saving for a class trip to make the lessons more relatable. Encourage students to set financial goals and create plans to achieve them. This can include saving for college, a car, or even a small purchase. Active learning and real-life experiences help students plan their financial lives after high school.

- **Interactive Lessons**

Incorporate games, simulations, and activities that engage students. The resources below provide links to lessons and activities.

- **Guest Speakers**

Invite financial professionals to speak to students about real-world financial management and career opportunities in finance. OKMM staff can help. [Contact us](#) to set up a workshop for your students.

By integrating these strategies, educators can help students build a strong foundation in personal finance, empowering them to make informed financial decisions in the future.

Helpful Resources

- OKMM Learning Modules
- OKMM High School Your Money Matters Guide with Activities
- Other OKMM Resources-Podcasts, Activities, Videos, Q&A
- Oklahoma Council on Economic Education
- Next-Gen Personal Finance
- CFPB Financial Education Exchange (CFPB FinEx) | Consumer Financial Protection Bureau
- EconoEd Classroom Resources
- FDIC Teacher Resources

Students

As a student, it's essential to start practicing healthy money habits now. Learning to manage money makes it easier to avoid debt, build wealth, and live a lifestyle you can afford once you're out on your own. Check out these resources to learn more.

- OKMM High School Your Money Matters Guide with Activities
- OKMM College Your Money Matters Guide
- Sokolov Center: What High School Students Need to Know About Financial Literacy
- FDIC How Money Smart Are You?

Parents

Talk to your kids about money now. The way parents view and talk about money impacts their children's success or failure in managing their own funds in the future.

- OKMM Adult Your Money Guide
- OKMM Your Money Matters Guide Spanish
- OKMM Teaching Children About Money
- Investopedia: The Ultimate Guide to Financial Literacy
- Investopedia: How to Talk to Kids About Money

Financial Friday

Check out the August edition of [Financial Friday](#), Oklahoma Money Matters' online personal finance question and answer forum. This month, we're answering a question about managing college expenses.

College is an exciting time filled with new experiences, opportunities and significant financial challenges. Managing college expenses can help you avoid overwhelming debt and build a solid financial foundation for the future.

As always, if you have money-saving tips you'd like to share, send us an email at OklahomaMoneyMatters@ocap.org or submit a personal finance question for a future edition of Financial Friday.



MAKE IT COUNT

WEBINAR SERIES



Mark your calendars for upcoming OKMM "Make It Count" webinars on the third Tuesday of every month. Join us **on Tuesday, August 20, at noon as we discuss paying for college** and the important considerations and research that can make college a possibility for everyone.

[Register](#)

Training Opportunities

We offer webinars for educators, students and parents on budgeting, saving, credit, and more. If you want to schedule a webinar, complete our workshop form, and we'll contact you to plan the details.



Have specific questions about our services or resources?

Email: oklahomamoneymatters@ocap.org
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