

# HOPE SQUAD<sup>®</sup>

A school-based  
peer-to-peer suicide  
prevention program.

INTEGRIS Health offers  
grants to schools  
implementing Hope  
Squads.

## Hope Squad members strive to ...

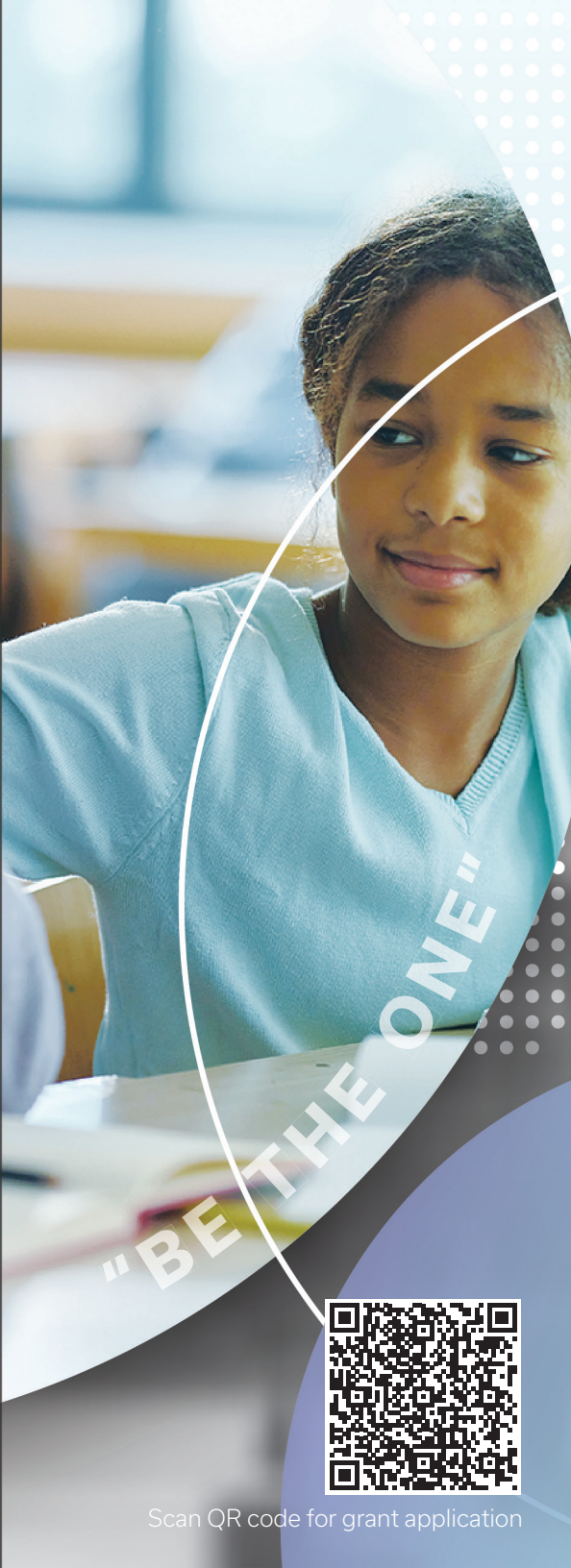
- 1 Create a safe school environment
- 2 Promote connectedness
- 3 Support anti-bullying
- 4 Encourage mental wellness
- 5 Reduce mental health stigma
- 6 Prevent substance misuse

**INTEGRIS**  
HEALTH



Scan QR code for grant application

"BE THE ONE"



# Frameworks Embedded in Curriculum

- 1 : Active Learning
- 2 : Social-Emotional Learning
- 3 : Trauma-Informed Practices
- 4 : Cultural Responsiveness
- 5 : Positive Behavioral Interventions  
and Support
- 6 : Community-Based Learning

## **Elementary Curriculum (Grades 4-6)**

The majority of Jr. Hope Squad curriculum focuses on mental wellness, anti-bullying and resilience.

## **Secondary Curriculum (Grades 6-12)**

The secondary Hope Squad curriculum focuses more heavily on identifying and referring struggling peers by focusing on resilience, connectedness, mental health and self-care.

**H O P E**  
**S Q U A D**

